This document provides harmonization details for the 98 AHTUS main activities. Main activities are grouped under the following 11 broad categories and -0008 is for missing activity time.

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0100 Personal Care

This category captures time the respondent spends in private activities. This includes general or other personal care (0101), imputed personal or household care (0102), sleeping (0103), imputed sleep (0104), naps and rest (0105) washing, dressing, or personal care (0106), personal medical care (0107), meals at work (0108), and other meals and snacks (0109). Respondents are not asked WHO they were with when they were for sleeping, grooming, and during personal (sexual) activities as such information is sensitive for these activities.

0101 General or other personal care

Description: This category captures general or other type of personal care activities, usually of private nature.

1965-66: For this year, this category includes private activities or those that are not ascertained, especially at home.
1975-76: This includes time that is categorized under personal, private, or "none of your business," time in sexual activities, as well as other types of personal care.

1985: All activities under personal, private, or "none of your business," sexual activities, and time in affection between household members such as giving or getting hugs and kisses are coded as general or other personal care. This category also captures some child only time such as being at the babysitters' before or after school, or when the child is being a passive recipient of personal care, as well as when the respondent is watching personal care activities.

1992-94: This category captures time that is under personal needs/care, but is of private nature, so it was originally tagged as "Not applicable" unlike other identified personal care activities such as washing, grooming or sleeping.

1994-95: The category captures time that is identified as general personal care without further mention.

1998-01: Time gaps of more than 10 minutes, personal/private or "none of your business" type activities, sexual activities, time in affection between household members such as kisses and hugs, sitting on laps, time receiving personal care as well as other personal activities are captured in this category for this period.

2003+: This period comprises of personal or private activities such as cuddling with partner, having sex, and making out, personal care emergencies that are not classified elsewhere, as well as time when the respondent refused to provide information or responded "none of your business."

2007+: This period comprises of giving spouse a massage as an example as well. Further examples are:

- Cuddling partner in bed
- Having sex
- Making out
- Necking
- Personal activity, unspecified
- Private activity, unspecified
- Using the bathroom (2003)

**0102 Imputed personal or household care**

**Description:** Imputed personal care captures gaps following main night sleep where the next activities lead up to leaving the house, and also activities where a person has been away from home, then has the gap immediately upon arriving home, before undertaking other activities. Typically, these gaps are short duration activities. In 1975-76, those imputed personal care gaps preceded by travel tend to be followed either by sleep or travel.
0103 Sleep

Description: This category captures time in sleep which is defined differently in certain years.

1965-66, 1975-76: For these years, this category includes main essential sleep which includes night sleep and daytime sleep.

1985: All time under night sleep or the longest sleep for the day which may occur during the day for a night shift worker including "in bed" but not asleep.

1992-94, 1994-95: This category captures time spent in both sleeping and napping.

1998-01: Time spent sleeping, napping, as well as resting is captured in this category.

2003+: For this period, the sleep category includes time in activities such as dozing, napping, dreaming, essential sleep, waking up as well as sleeplessness. Examples include:

- Cat napping
- Dozing
- Dozing off
- Dreaming
- Falling asleep
- Getting some shut-eye
- Napping
- Sleeping
- Waking up
- Counting sheep
- Insomnia
- Lying awake
- Tossing and turning

0104 Imputed sleep

Description: Imputed sleep is defined as early hours time at home or another home where the activities before or after the block include personal care activities associated with getting up or preparing for bed and where little other sleep is recorded in the diary.

0105 Naps and rest

Description: This category captures time spent taking naps or resting.

1965-66: For these years, this category includes time spent resting which includes relaxing, thinking, planning, or doing nothing.

1975-76: Time coded under "naps and resting" is captured in this category.
1985: This includes time spent taking naps and resting including rest periods, dozing or lying down.


2003+: For this period, this category includes time under sleeping that is not elsewhere classified.

0106 Wash, dress, or personal care

Description: This category includes time that the respondent spent washing, dressing or in personal care. Usually this involves time bathing, brushing hair, grooming, laying clothes out, washing, etc.

1965-66: This includes time in personal washing and dressing such as getting up, personal hygiene, and getting ready for bed.

1975-76: Time coded under "washing, dressing, and getting ready" is captured in this category.

1985: This includes time spent washing, showering bathing as well as getting dressed, getting ready, packing and unpacking clothes, personal hygiene and going to the bathroom.

1992-94, 1994-95: Washing, bathing, personal hygiene and dressing are included in this category.

1998-01: Time spent showering and bathing is included in this category.

2003+: For this period, this category includes time spent in washing, dressing, and grooming activities. The 2004+ time period also captures time using the bathroom. The 2005-2006 periods also includes unpaid haircuts from spouse/friends. Examples are:

- Bathing
- Blow-drying hair
- Brushing hair
- Brushing lint off clothing
- Brushing teeth
- Changing clothes
- Cleaning contact lenses, ears
- Combing hair, cutting own hair
- Doing/filing nails
- Doing own hair
- Flossing teeth
- Gargling mouthwash

Examples are:
Getting dressed/ undressed
Grooming
Laying clothes out
Perming own hair
Putting in contact lenses
Putting on hand cream
Putting on makeup, nail polish, night cream
Putting on pajamas, shoes
Removing curlers
Running bath
Shaving, shaving legs
Showering
Washing face, feet, hair, hands

0107 Personal medical care

Description: This category includes time in health related self-care, usually at home.

2003+: This period also includes time in personal emergencies. The category examples are as follows.

2004+: Time spent exercising or in therapy for medical reasons is also captured in this period. Examples are:

Applying ointment
Bandaging ankle
Changing oxygen
Doing childbirth exercises
Doing stress management exercises
Dressing a wound
Gargling for sore throat
Giving oneself a shot, oneself an injection
Meditating (not religious)
Putting ice on injury
Resting because of illness
Resting because of injury
Taking cough drops, insulin, medicine, vitamins
Testing blood sugar level
Being involved in a personal accident
Being involved in an accident requiring emergency care
Losing consciousness
Stanching blood flow
Waiting for ambulance

0108 Meals at work

Description: This category captures time that the respondent eats meals while at work.
1985: This includes time spent eating, smoking and drinking coffee as a secondary activity while working as well as lunch time at the workplace. This comprises of time at the cafeteria lunchroom when the location is at work.

1992-94: Meals at work time could not be constructed.

1994-95: Meal time that occurs when the respondent is at work (using WHERE) is captured in this category.

1998-01: This captures both meals and snack time at work.

2003+: For this period, this category includes time eating/drinking as part of the job. The following are some examples:

- Eating/drinking with bosses
- Eating/drinking with clients
- Eating/drinking with coworkers
- Eating/drinking with customers
- Having lunch/dinner with clients

0109 Other meals and snacks

Description: This captures meals and snack time, not part of the job.

1965-66, 1975-76: This captures meals and snacks at home or at a restaurant/away from workplace.

1985: This includes time spent on meals at home; including drinking coffee, smoking, and food from a restaurant eaten at home. Meals away from home or eaten at a friend's home or at a restaurant are also included in this category.

1992-94: All eating time for the respondent is included in this category. Note that this comprises of meals at the workplace too.

1994-95: Other meals and snacks, not at a restaurant, are captured for this year.

1998-01: This captures general eating activities for the respondent.

2003+: For this period, this category includes time eating and drinking in general. This includes waiting time associated with meals.

2004-2007: This includes time attending as well as waiting for eating and drinking at a Passover Seder (if the location is at a restaurant).

2005+: This period includes time on lunch break at a restaurant as well as the following examples:

- Waiting for a table
Waiting for food to be delivered
Waiting for the check
Waiting for the pizza delivery person
Waiting to place an order

0200 Paid Work

This category captures time the respondent spends in paid work. This includes main paid work (not at home) (0210), paid work at home (0211), second job/other paid work (0212), work breaks (0213), other time at workplace (0214), and time looking for work (0215).

0210 Main paid work (not at home)

Description: This category captures main work and work related activities - not carried out at home.

1975-76: This includes normal work on the main job including work at home as long as the location is not the home or if location is missing.

1985: This captures all normal work activities on the main job including work brought home, travel which is part of the job, and overtime if the location is not at home.

2003+: For this period, this category includes time on main job, not at home. Below are some examples:

At work
- Attending class, conferences, convention
- Attending sales training
- Attending typing training
- Calling leads for stories/information
- Checking e-mail, voicemail messages
- Computer use
- Designing/updating a website
- Doing research/homework
- Enrollment in training/classes
- Grading papers
- Making reservation on the internet
- Marking assignments
- On-the-job training
- Organizing materials
- Phone calls to/from clients, coworkers, customers, supervisors
- Preparing lesson plans, materials
- Putting in overtime at work
- Reading a book/other material
- Reading and writing
- Reading/sending e-mail
Registering for class, training
Reviewing notes, briefs, or papers
Surfing the internet
Talking to instructor, other conference attendees
Telephone calls
Working extra hours
Writing letters
Writing memos/papers

2007+: This period includes the following examples as part of the main job as well:

- Hearing confession
- Leading a blessing
- Leading religious youth group
- Reading the Bible/Torah/scriptures
- Teaching bat/bar mitzvah class, confirmation class, religious class
- Teaching/leading Bible study

0211 Paid work at home

Description: This category captures work and work related activities - not carried out at home.

1985: This includes normal work on the main job including work at home as long as the location is at home. This includes work activities for self-employed people running a business out of the home as well as work done at home for no extra work pay that is connected with a main job. Additional job such as consulting is also captured in this category. Reading that is job related is also included in this category.

0212 Second job, other paid work

Description: This category captures main work and work related activities - not carried out at home.

1975-76: This includes small jobs carried out by full-time students.

1985: This year also captures paid work activities from not having a main job, such as garage sales or rental property. Time spent on part-time jobs held by full-time students as well as additional work such as consulting is also added to this category.

2003+: This includes time spent in second/other job, income-generating hobbies/crafts, income-generating performances, paid services, and rental property activities. Below are some further examples:

At work
Attending class, conferences, convention
Attending sales training, typing training
Calling leads for stories/information
Checking e-mail, voicemail messages, computer use
Designing/updating a website
Doing research/homework
Enrollment in training/classes
Extra hours at other job
Grading papers
Making reservation on the internet
Marking assignments
Moonlighting
On-the-job training
Organizing materials
Phone calls to/from clients, coworkers, customers, supervisors
Preparing lesson plans, materials
Reading a book/other material
Reading and writing
Reading/sending e-mail
Registering for class, training
Reviewing notes, briefs, or papers
Surfing the internet
Talking to instructor, other conference attendees
Telephone calls
Writing letters
Writing memos/papers
Doing woodworking for sale
Drawing, painting, or sketching for sale
Making baskets, dinners, furniture, pottery for sale
Making tapestries/quilts for sale
Preparing food or drink for sale
Acting in a play for pay
Dancing for pay, playing in a band for pay, singing for pay
Babysitting for pay, doing household chores for pay
Home improvements for pay
Mowing lawns for pay, shoveling snow for pay
Typing paper for pay
Maintaining/renovating rental property
Making repairs to rental property

2007+: The following examples were added after 2007:

Teaching bat/bar mitzvah class, confirmation class, religious class
Teaching/leading Bible study
Reading the Bible/Torah/scriptures
Hearing confession
Leading a blessing, religious youth group

0213 Work breaks

Description: This category captures that the respondent spends in breaks or relaxing time as part of the job.
1985: This year includes coffee breaks/other breaks in the workplace. This may also comprise of unscheduled breaks and other non-work activities during work hours at the workplace.

2003+: This period defines work breaks as time spent socializing, relaxing and in leisure as part of job as well as eating/drinking while on the job. Here are some additional examples:

- Attending social event with bosses, co-workers
- Talking with clients at social event
- Talking with co-workers at social event
- Eating/drinking with bosses, clients, coworkers, customers
- Having lunch/dinner with clients

0214 Other time at workplace

**Description:** Other time at the workplace is mostly defined as time spent in non-work related activities while at work. The time captured by this period is different in some study periods.

- **1975-76:** This is defined as time before or after when respondent is at the workplace.
- **1985:** This year includes time before or after work activities when respondent is at the workplace, including conversations.
- **1992-94:** Not available for this study period.
- **1994-95:** This is coded as time at work where any activities can be performed except for the following: travel to/from work or as part of work, purchase of services such as personal/financial/medical/car repair/dry cleaning/other repair services or run errands.
- **1998-01:** This captures time when the respondent is at his/her office building or factory and is engaged in any activities except for the following: main work, secondary job activities, work breaks, or unemployment related activities.
- **2003+:** This period defines other time at the workplace as security procedures related to work and waiting associated with working post 2004.

- Being searched at security checkpoint for work
- Opening bags for security search for work
- Passing through metal detector for work

0215 Time looking for work

**Description:** Time looking for work broadly includes unemployment related activities including job search activities such as visits to unemployment agencies, phone calls to prospective
employers, answering ads, as well as applying for or collecting unemployment benefits or applying for or collecting welfare.

1965-66: This category is not available for the 1965-66 time periods.

2003+: This period defines time looking for work as job search activities, time spent interviewing for jobs, as well as waiting or security procedures associated with job search/interview. Examples are:

- Asking about job openings
- Asking former employers to provide references
- Auditioning for acting role (non-volunteer)
- Auditioning for band/symphony (non-volunteer)
- Checking vacancies
- Contacting employer
- Filling out job application
- Making phone calls to prospective employer
- Meeting with headhunter/temporary agency
- Picking up job application
- Placing/answering ads
- Reading ads in paper/on internet
- Researching an employer
- Researching details about a job
- Sending out resumes
- Sending resumes to employers
- Submitting applications
- Writing/updating resume
- Interviewing by phone or in person
- Preparing for interview
- Scheduling/canceling interview (for self)
- Waiting to go in for an interview
- Being searched at security checkpoint during job search
- Opening bags for security search during job search
- Passing through metal detector during job search

0300 Education

This category captures time the respondent spends in education and schooling. This includes regular schooling (0316), homework (0317), short course or training (0318), as well as occasional, other education, or training (0319).

0316 Regular schooling, education

1975-76: This period includes time full time student respondents spent attending classes.
1985: The category captures time on television-based education as well as student (full-time) attending classes. This includes daycare and nursery school for children not in school.

2003+: Regular schooling comprises of regular schooling time taking classes for a degree, certification, or licensure. This also includes time on security procedures/waiting related to taking classes and the following category examples:

- Attending a seminar, class
- Attending practicum/internships
- Auditing a course
- Listening to a lecture
- Taking a field trip, exams, on-line course
- Talking to classmates, teacher
- Waiting for the teacher
- Being searched at security checkpoint
- Opening bags for security search
- Passing through metal detector
- Attending class, reason unknown
- Attending study hall
- Having a free period
- Having detention
- Taking a CPA/GMAT/GRE/LSAT/SAT prep course

0317 Homework

**Description:** This category captures time in homework, study, or research.

1985: This category captures time on homework, study, or research as well as reading activities for class.

2003+: The period includes research or homework for class, research or homework for personal interest, or waiting associated with research or homework.

- Attending study group
- Listening to language CD
- Organizing notes
- Reading, reading/sending e-mail
- Studying
- Writing paper/essay
- Attending study group
- Listening to language CD
- Organizing notes
- Reading, reading/sending e-mail
- Studying
- Writing paper/essay
- Waiting for study group
- Preparing for SAT/GRE/LSAT
Studying for CPA/GMAT/GRE/LSAT/SAT prep course

2007+: Reading the bible/scriptures was added as a category example post 2007.

0318 Short course or training

Description: This category generally captures time spent on courses or lectures.

1975-76, 1992-94: This category captures time on course/lecture.

1985: Short course or training includes courses, lectures, and academic or professional classes. This also include time being tutored.

2003+: This period includes time taking class for personal interest and the following category examples:

- Attending Bible study, Lamaze class, Sunday school
- Dance class
- Prenatal/child care classes
- Taking a car maintenance/repair class
- Taking a cooking class, a financial planning class
- Taking a massage class, a pottery class
- Taking a retirement planning seminar
- Taking a sewing class, a wine appreciation class
- Taking academic class
- Taking an art, craft, hobby, recreational course
- Taking CPR, first aid, driver's education, driving lessons
- Taking music/voice lessons, on-line course
- Taking parenting class, personal development classes
- Taking photography class
- Taking self-defense
- Talking to classmates, teacher

0319 Occasional, other education, or training

Description: This category broadly comprises of time spent on other educational activities.

1985: This includes time at daycare/nursery before or after school only, other education, time spent in library, and other computer use.

1992-94, 1998-01: These periods capture time using the library or other education.

2003+: This period includes extracurricular club activities, extracurricular music and performance activities, extracurricular student government activities, administrative activities for class or personal interest, and waiting associated with administrative activities.

- Attending American Field Service activities, including meetings
Attending Key Club activities, including meetings
Attending language club activities
Attending math club activities
Attending National Honor Society activities
Attending pep club activities
Attending science club activities
Participating in academic club activities, including meetings
Participating in chess club activities, including meetings
Practicing for debate club competition
Attending band practice, choir practice as extracurricular school activity
Attending play practice
Attending student government meetings
Preparing for student government elections
Enrolling in class
Getting ID for class
Getting parking pass for class
Looking at course descriptions/listings
Paying tuition/fees for class
Registering for class
Enrolling in class for personal interest
Getting ID for class for personal interest
Getting parking pass for class for personal interest
Paying fees for class for personal interest
Paying tuition for class for personal interest
Registering for class for personal interest
Waiting in line to pay tuition/fees, register/get ID
Waiting to enroll in class
Registering for CPA/GMAT/GRE/LSAT/SAT prep course
Registering for test prep class
Attending own graduation ceremony

2012+: The following examples were added after 2012.

Taking the LSAT/GMAT/GRE/CPA exam/SAT/MCAT

0400 Unpaid domestic work

This category captures time the respondent spends in unpaid domestic work. This includes food preparation/cooking (0420), setting table, washing or putting away dishes (0421), cleaning (0422), laundry, ironing, clothing repair (0423), home repairs, maintaining vehicle (0424), other domestic work (0425), purchasing routine goods (0426), purchasing consumer durables (0427), purchasing personal services (0428), purchasing medical services (0429), purchasing repairing, laundry services (0430), financial or government services (0431), and purchasing other types of services (0432).
0420 Food preparation, cooking

Description: This category broadly comprises of time spent in meal preparations and cooking.

1985: This includes time in meal preparation, cooking and fixing lunches. Time spent serving food, setting table, putting groceries away, and unloading the car after the grocery is also included.

2003+: These years include time in food and drink preparation as well as food presentation.

- Baking, baking a cake, taking biscuits
- Boiling, boiling water
- Bottling fruit
- Breast-pumping
- Brewing beer or wine
- Broiling
- Butchering meat
- Canning food, carving meat
- Chopping vegetables
- Cooking, cooking dinner, cooking meals
- Defrosting, dehydrating food, drying food
- Getting a drink
- Heating food up, heating up baby formula
- Making baby food, making coffee, tea, drinks
- Making jam, mixing up baby formula
- Packing food, lunches, picnics
- Peeling potatoes
- Pouring water in glass
- Preparing food for company or guests, for other household members
- Preparing salad, preserving food
- Putting icing on cake, putting roast in oven
- Salting meat, slicing vegetables
- Smoking fish, thawing frozen food

2004+: The following were added after 2004.

- Baking Christmas cookies
- Making a gingerbread house

0421 Set table, wash or put away dishes

Description: This category broadly comprises of time spent in the kitchen for clean up.

2003+: These years include time in kitchen and food clean up with the following examples:

- Cleaning barbecue grill, freezer
Cleaning high chair
Cleaning kitchen cupboard, microwave oven
Cleaning oven, refrigerator, stove
Cleaning up after a meal
Cleaning up plates and food
Cleaning up the kitchen only
Clearing the table
Defrosting freezer
Drying dishes, emptying dishwasher
Loading the dishwasher
Mopping the kitchen floor
Putting dishes away
Putting leftovers away
Rinsing dishes
Throwing away leftovers
Washing dishes, pots and pans, wiping tables

0422 Cleaning

Description: This includes cleaning indoor or outdoor cleaning activities.

1975-76: Cleaning time includes routine indoor cleaning and chores as well as routine house cleaning outside.

1985: This includes miscellaneous working around the house, indoor or outdoor.

Routine indoor cleaning and chores
Picking up
Dusting
Making beds,
Washing windows
Vacuuming
Cleaning - fall/spring cleaning
Housework

2003+: This study period captures time in interior cleaning, interior arrangement, decoration and repairs, and exterior cleaning.

Changing sheets
Cleaning bathrooms, bathtub, bedroom
Cleaning carpets, cupboards
Cleaning floors, inside of windows
Cleaning out closet, drawers, the house, toilet
Dusting, emptying ashtray, emptying trash cans
Making the bed
Mopping floors
Picking up clothes, picking up toys
Polishing furniture
Recycling
Scrubbing
Shampooing carpet
Sorting newspapers for recycling
Sweeping, sweeping floors
Taking out the trash
Tidying up, vacuuming
Washing floor, washing walls
Cleaning chimney, garage, gutters, shed
Picking up trash that blew into yard
Putting away bicycles, outside toys
Putting away yard equipment
Removing ice from walkways
Shoveling snow
Sweeping deck, patio, porch
Sweeping garage, sidewalk, steps
Washing outside windows
Changing light bulbs
Decorating
Fixing leaks
Fumigating house
Hanging blinds, curtains
Hanging pictures, shades
Hanging wallpaper
Installing carpet
Laying linoleum floors
Laying tile floors
Laying wood floors
Making plumbing improvements
Measuring windows for curtains
Moving furniture
Painting, plastering
Putting up shelves
Rearranging furniture
Refitting kitchen/bathroom
Remodeling interior of house
Replacing fuses, setting mousetraps
Stripping paint, wallpaper
Taking down towel bars

2004+: This period further includes the following examples.

Carving jack-o-lanterns
Setting up a manger
Setting up menorah candles
Setting up a manger
Setting up menorah candles
Putting up Christmas decorations
Putting up Christmas lights
Taking down indoor decorations
Decorating the Christmas tree
Hanging Christmas stockings

*2005+: This period further includes the following examples.*

Cleaning windows
Picking up the house
Straightening up the house

**0423 Laundry, ironing, clothing repair**

**Description:** This category broadly comprises of time spent in clothes care such as laundry and repair.

*1985:* This includes laundry and clothes care.

Iron, fold, and mend clothes
Put away clothes

*2003+: This period further includes the following examples.*

Adding fabric softener, bringing in laundry, bringing in washing
Checking wash, doing laundry
Folding clean laundry, folding clothes
Hand washing clothing
Hanging clothes, hanging clothes on clothesline
Ironing
Putting clean laundry away, putting laundry in dryer
Putting laundry in washer, putting out clean towels
Putting towels in bathroom
Removing lint from dryer
Sorting laundry
Spot treating clothes
Taking clothes off the line, taking clothes out of washer
Treating stains
Washing curtains
Altering clothing
Caring for clothes, hats, shoes
Cleaning shoes, sneakers
Crocheting blankets, clothing, quilt, sweaters
Hemming garments
Knitting blankets, clothing, sweaters
Polishing shoes
Repairing clothes, curtains, hats, shoes
Sewing a new dress, curtains, hem
Sewing new clothing, on buttons
Sewing other household items

0424 Home repairs, maintain vehicle

Description: This category broadly captures time spent in home and car repair.

1975-76: This period includes repair vehicle, exterior repairs or maintenance, car care, cleaning and tune up, as well as home improvement/remodeling.

1985: The category for this period further includes repairs, maintenance, indoors, fixing, repairing indoors, furnace, plumbing, painting a room, as well as repairing appliances or furniture.

2003+: Time in home repairs/maintain vehicle includes building and repairing furniture, heating and cooling, exterior repair, improvements, and decoration, repairing ponds, pools, and hot tubs, vehicle repair and maintenance, appliance, tool, and toy set-up, repair, and maintenance.

- Assembling furniture
- Changing cabinet hardware
- Making cabinets, furniture
- Painting furniture
- Refinishing furniture, wood furniture
- Repairs to furniture
- Reupholstering furniture
- Sanding wood furniture
- Staining wood furniture
- Stripping furniture
- Bringing in kindling, wood
- Changing furnace filter
- Chopping wood
- Closing windows
- Collecting wood
- Filling heater with fuel
- Installing fireplace, window AC unit, wood burning stove
- Lighting fireplace
- Opening windows
- Setting the fire
- Shoveling coal
- Stacking firewood
- Adding another room to house
- Building a deck, a fence, a garage, a carport, a shed
- Decorating outside for holidays, outside for parties
- Fixing bird feeder, broken windows, mailbox, the roof, weatherboards
- Hanging address numbers, flags, outdoor lights, up wind chimes
- Installing a gate or fence
- Making structural additions
- Painting house exterior or staining fence, porch, deck
Staining porch, deck
Paving or blacktopping
Putting new roof on garage, new roof on house
Putting up outdoor holiday decorations
Repairing boat dock, wind chimes
Replacing screens
Screening in a porch
Setting up garden furniture
Staining house exterior
Working on boat lift
Adding chemicals to hot tub/pool
Chlorinating the pool
Cleaning the pond, pool, hot tub
Draining pool, filling the pool
Putting in a pond, pool, hot tub
Repairing pond, pool, hot tub
Testing ph. in water
Turning off/on the hot tub
Winterizing pool
Adding equipment to vehicles
Adding/Changing oil
Assembling bicycle
Changing spark plugs, wheel on motorcycle tires
Rotating tires
Charging/Checking battery
Checking fluids/tire pressure/tires
Cleaning boat/vehicles
Vacuuming vehicles
Covering boat
Doing a ring job/value job
Filling brake fluid/radiator
Fixing bike/motorcycle
Installing car CD player/car stereo/car speakers
Overhauling engine
Putting air in tires, car/vehicle in garage, new chain on bicycle
Putting on license plates/tags/registration stickers
Putting protective cover on vehicle
Rebuilding engine
Replacing brakes, vehicle headlights/taillight, restoring car
Scraping ice off vehicle, scraping snow off vehicle
Tuning up vehicles
Washing cars or other vehicles
Waxing cars or other vehicles
Changing batteries in appliances
Charging batteries
Cleaning lawnmowers, tools and equipment
Connecting dryer/washing machine
Fixing household camera
Hooking up satellite dish, stereo, VCR
Installing a fax machine, a modem, printer, scanner, appliances
Loading software on computer
Maintaining tools and equipment
Oiling lawnmowers
Repairing appliances, sporting equipment, tools and equipment, toys
Restringing tennis racket
Setting clocks
Setting up or fixing computer
Sharpening knives, other tools
Waxing skis
Winding clocks

2004+: This period additionally includes the following examples.

Putting up Christmas decorations, putting up Christmas lights (outside)
Setting up doll house, setting up toy train track
Installing heating or AC equipment
Hooking up trailer to car, hooking up trailer to truck
Installing a trailer hitch
Cleaning camper
Winterizing boat
Cleaning RV
Checking to make sure car was locked

0425 Other domestic work

Description: This category broadly captures time spent in household related chores.

1975-76: This period includes other domestic work, household paperwork/pay bills, other household chores or running errands.

1985: The category for this period includes other indoor cleaning, other outdoor work, household paperwork, watching others do household tasks, or other household chores.

Not sure whether cleaning or repair
“Did things in house”
Worked outside
Puttering in garage
Paying bills
Balancing the check book
Making lists
Getting the mail
Working on the budget
Other household chores (no travel)
Picking up things at home
Picking up deposit slips (related travel to purpose)
2003+: Time in other domestic work comprises of storing interior household items, not elsewhere classified housework, household management, household and personal organization and planning, as well as home security.

- Boxing things up for storage
- Moving stuff to attic
- Moving stuff to basement
- Putting away decorations
- Putting away the groceries
- Putting shopping away
- Storing food, groceries
- Balancing the checkbook
- Borrowing money (not banking)
- Buying stocks
- Checking receipts against bank statements
- Checking stocks
- Filing receipts, tax forms
- Giving money to household adult/household child
- Lending money (not banking)
- Making a budget
- Researching investments
- Selling/Trading stocks
- Using computer to keep budget/pay bills
- Writing checks
- Assigning chores
- Borrowing household items
- Doing paperwork
- Dropping off household items
- Filling out paperwork
- Getting organized for work (for self)
- Labeling videos
- Lending household items
- Looking at store purchases
- Looking for misplaced items
- Making photocopies (for self or household)
- Making shopping lists
- Organizing boxes in garage, file cabinet
- Organizing household events, household parties
- Organizing school stuff (for self)
- Packing bags (for self or household) (2003-2006)
- Packing boxes for household move or trip
- Picking up household items
- Planning household events, meals, parties, trip
- Planning menu, vacation
- Putting pictures in albums
- Sorting paperwork
- Wrapping presents
- Bolting doors/windows
Breaking into a locked house
Breaking into home if locked out
Checking/Changing locks
Closing house up
Closing the blinds/curtains
Installing alarms
Installing smoke detectors
Locking doors, windows
Locking up home
Locking up the house
Maintaining alarms/security systems
Maintaining smoke detectors
Setting security alarm
Turning out the lights

2004+: The following period also comprises of the following examples.

Carrying in the groceries (2003-2004)
Filling a Christmas stocking
Filling an Easter basket
Putting away Christmas decorations
Putting away holiday items
Unwrapping packages
Opening packages
Opening presents or gifts (alone)
Sorting books
Sorting household items

2005+: The following period also comprises of the following examples.

Carrying in groceries
Loading the car
Packing/unpacking car from a trip
Packing/unpacking recreational vehicle from a trip
Unloading groceries
Unloading shopping items
Unloading the car

2007+: The following period also comprises of the following examples.

Paying bills
Paying the mortgage
Paying the rent
Packing/unpacking bags or suitcase (for self)

2008+: The following period also comprises of the following examples.
Looking at bills
Making dinner reservations
Making reservations

0426 Purchase routine goods

Description: This category generally captures time spent in shopping for food and groceries.

1985: The category for this period includes groceries, supermarket, shopping for food, and other shopping for good or clothes.

2003+: This period includes grocery shopping, purchasing good/not groceries, shopping (except for groceries, food, and gas), waiting associated with shopping, and using meal preparation services.

- Buying/Ordering/paying for groceries
- Talking to the produce manager
- Buying fast food
- Paying check for a meal/drink/snack
- Paying for fast food at drive-through
- Paying for meal at restaurant, pizza delivery person
- Picking up take-out food
- Placing order at a deli/fast food place
- Browsing, browsing/shopping at fundraisers
- Buying a new or used car
- Buying a pet
- Buying appliances, books/CDs/other items, clothes
- Buying everyday consumer goods, gardening supplies
- Buying movie tickets, postage stamps
- Dropping off products for repairs
- Looking at products, at products in catalogs
- Looking through catalogs
- Ordering clothes, concert tickets, football tickets
- Ordering products
- Paying for a new or used car, for a rental car/truck/van
- Paying for movie tickets, for purchases
- Picking up prescriptions/film
- Renting a car/truck/van
- Renting a rug shampooer
- Renting a tuxedo
- Renting lawn equipment, products
- Returning consumer goods, videotapes to store
- Renting products, consumer goods, videotapes to store
- Shopping at e-bay
- Shopping at flea markets/auctions/yard sales
- Shopping but not yet buying
- Shopping for a new or used car
- Talking to the salesclerk
Test-driving a vehicle  
Visiting a book fair  
Window shopping  
Waiting in line to buy gas, pay for goods, purchase groceries  
Hiring a caterer, a personal chef, wait staff/bartender for a party  
Meeting/Paying a caterer  
Paying the wait staff  
Talking to/meeting with caterer, reception planner  
Tipping the wait staff or bartender

2004+: This period includes:

Talking to fast food cashier  
Talking to the waiter

2005+: The 2005+ period also comprises the example "Renting a movie."

2007+: This period further includes shopping at warehouse stores (Wal-Mart, Costco, Super-K, etc.).

2011+: This period include ordering groceries online, buying airline tickets online and checking into/out of hotel/motel/B and B.

0427 Purchase consumer durables

Description: This category generally captures time spent in shopping for durables.

1975-76: The category for this period comprises of shopping for goods, durables, or appliances as well as looking for rent/purchasing housing.

1985: This period includes obtaining goods and services – durable household goods, shopping for large appliances, cars and furniture. The category also captures activities that are connected with buying, selling, renting, looking for house, apartment, including phone calls; showing house, including travelling around looking at real estate property (for own use).


2003+: The category includes purchasing gas, comparison shopping, security procedures related to consumer purchases as well as telephone calls to/from salespeople.

Buying gas  
Buying other products at gas station (2003)  
Paying for gasoline and other products (2003-2004)  
Pumping gas  
Talking to gas station attendant
Browsing through circulars
Comparing prices at different stores
Comparison shopping on the internet
Reading product reviews
Researching items/prices/availability
Being searched at security checkpoint for consumer purchases
Opening bags for security search for consumer purchases
Passing through metal detector for consumer purchases
Talking on phone to a cashier, customer service representative
Talking on phone to a sales clerk, salesperson
Talking on phone to a store counter person, store manager
Talking on phone to a telemarketer

2005+, 2008+: The category includes time paying for gasoline (2005+) and talking to credit card company post 2008+.

0428 Purchase personal services

Description: This category captures time spent in personal care services.

1985: The category for this period comprises of phone calling for services or personal care including beauty, barber shop or hairdressers.

2003+: The period includes using personal care services, waiting associated with personal care services, and telephone calls to/from professional or personal care services providers.

- Getting a haircut, a hair done
- Getting a tan at the tanning salon
- Having a facial, massage, pedicure
- Having nails done
- Paying for a haircut
- Talking to/with the hair stylist/manicurist
- Waiting for the barber
- Talking on phone to a banker/insurance agent/loan officer
- Talking on phone to a barber/hair stylist/manicurist
- Talking on phone to a doctor/nurse/veterinarian
- Talking on phone to a lawyer/mediator/paralegal
- Talking on phone to a massage therapist
- Talking on phone to a pharmacist
- Talking on phone to a real estate agent
- Talking on phone to an accountant

0429 Purchase medical services

Description: This includes medical care such as seeing the doctor or dentist.
1985: The category for this also includes visits to doctor including making appointments.

2003+: The period includes using health and care services outside the home, using in-home health and care services, waiting associated with medical services, using veterinary services,

- Attending group therapy
- Checking out adult care facility
- Having a doctor's appointment
- Having a physical, an acupuncture
- Having an eye exam, dental work done
- Having inpatient treatment/outpatient treatment
- Having wisdom teeth removed
- Making a co-payment
- Paying for adult care services, healthcare services
- Paying for long-term care, the doctor
- Purchasing adult daycare/elder care services
- Purchasing hospice/respite care
- Receiving physical therapy
- Seeing a chiropractor, a psychologist
- Talking to/with a doctor, healthcare practitioner, nurse
- Talking to/with a pharmacist, physical therapist
- Talking to/with a psychologist
- Hiring someone to look after household adult
- Receiving in-home healthcare
- Waiting at the physician's office
- Waiting for lab test results, surgery
- Paying for pet health insurance/veterinary services
- Purchasing medicine for a pet
- Talking to/with vet/vet assistant/vet technician
- Waiting for the vet

0430 Purchase repair, laundry services

**Description:** This category comprises of time spent in services such as auto, household, or clothes repair.

1975-76: The category for this also includes auto repair and related services, clothes repair, cleaning services, appliance repair services and household repair services.

1985: This period includes the following examples:

- Auto services; repair and other auto services including waiting for such services
- Clothes repair and cleaning: cleaners, laundry-mat, tailor
- Appliance repair, including furnace, water heater, electric or battery operated appliances; including watching repair person
- Household repair services: including furniture
Other repair services of unspecified type; including watching repair person

1992-94, 1994-95: This period includes dry cleaning, car repair services and other repair services.

2003+: Time in purchase repair and laundry services include using interior cleaning services, clothing repair and cleaning services, waiting associated with using household services, using other household services, using home maintenance, repair, decoration or construction services, waiting associated with home maintenance, repair, decoration, or construction, using pet services, waiting associated with pet services, using lawn and garden services, and waiting associated with lawn and garden services.

Hiring a butler, carpet cleaners, cleaning service or maid
Paying a cleaning service
Talking to/meeting with the maid/maid service
Dropping off clothes at the dry cleaners
Having a dress hemmed, garment altered, suit tailored, shirts laundered
Picking up clothing at the dry cleaners
Waiting for meal preparation services
Waiting for the cleaning service
Watching paid cook prepare a meal
Hiring a contractor, professional home remodeling service
Hiring an electrician or plumber, appliance repairer
Hiring deck cleaners/refinishers
Hiring driveway pavers, movers
Hiring someone to build an addition, clean house siding
Hiring someone to fix your computer
Hiring someone to repair house siding
Hiring window washers
Hiring/meeting with interior decorator/designer/architect
Meeting with a contractor
Paying a contractor, plumber or electrician
Paying to have your roof repaired
Talking to/meeting with movers
Talking to/with computer technician, electrician or plumber
Talking to/with the contractor, interior designer
Waiting for architect
Waiting while repairs are made
Watching movers, repairperson
Attending animal obedience classes
Hiring a pet sitter/walker, a pet trainer
Meeting with kennel caretakers
Meeting with pet trainer
Paying the pet sitter/walker
Talking to/with animal caretaker/trainer/groomer/pet sitter
Waiting for pet services
Watching pet groomer/pet trainer
Hiring a landscaper
Hiring someone to cut grass, rake leaves
Hiring someone to shovel snow
Hiring someone to water houseplants, lawn/flowers
Meeting with landscaper
Talking to person who cuts your grass
Talking to/with a plant-sitter
Talking to/with the landscaper
Waiting/Watching for landscaper

2005+: Further, the following examples were added post 2005.

Paying the drycleaner
Paying the tailor
Paying the animal trainer
Paying a decorator
Paying the pet groomer
Paying the landscaper

0431 Financial or government services

Description: This category comprises of time spent in financial, banking or governmental services.

1985: This period includes the following examples:

Financial services; activities related to taking care of financial business
Going to the bank
Paying utility bills (not by mail)
Going to accountant, tax office, loan agency, insurance office
Other government services: post office, driver's license, sporting licenses, marriage licenses, police station

2003+: Time in financial or government services include banking, using financial services, waiting associated with banking or financial services, using police/fire services, using social services, obtaining licenses or paying fines/fees/taxes, making telephone calls to/from government services, as well as waiting and security procedures associated with civic obligations/participation, or using government services.

Applying for a loan or mortgage
Doing banking, filling in loan applications
Finding out information about loans
Making a withdrawal, deposit, transfer
Meeting with loan officer
Talking to/with a loan officer, teller, bank manager
Using the ATM
Completing a credit card application
Meeting with insurance agent, accountant, claims adjuster, stockbroker
Talking to/with an accountant, claims adjusters, insurance agents
Talking to/with stock broker
Waiting in line at the bank
Being questioned by police
Being stopped for traffic violation
Helping the police with something
Meeting with detective
Obtaining police or fire services
Talking to police officer
Applying for relief services, social services
Applying for unemployment benefits, welfare, food stamps, etc.
Collecting social security/workers comp, unemployment benefits
Filling out forms to receive benefits/compensation
Meeting/Talking to social worker
Getting a marriage license, passport, pet or sporting license
Getting car inspected, driver’s license or tags
Getting fishing/crabbing license
Obtaining boat licensing, parking permits
Paying for a marriage license, a pet or sporting license
Paying overdue library book fines
Paying parking/speeding ticket
Paying property taxes at government office
Taking a driving exam or pilot’s exam
Talking to a motor vehicle administration clerk
Being searched at security checkpoint
Opening bags for security search
Passing through metal detector
Talking on phone to a congressperson, county council member
Talking on phone to a court employee
Talking on phone to a politician
Talking on phone to a public librarian, U.S. postal employee
Talking on phone to police or firefighters
2011 +: The category includes the following examples:
Applying for a credit card/loan online
Checking a bank account online

0432 Purchase other services

Description: This category comprises of time spent in other types of services.

1985: This period includes the following examples:

Other professional services; lawyer, counseling (therapy)
Other services, "going to the dump"

2003+: Time purchase of other services includes legal services, waiting associated with legal services, activities related to purchasing or selling real estate, waiting associated
with real estate selling/purchasing, and security procedures related to professional or personal services.

Meeting with a lawyer/paralegal, arbitrator/mediator
Paying a lawyer
Talking to/with a lawyer, mediator, paralegal/arbitrator
Waiting to meet a lawyer
Attending open house (2003)
Closing on house/condominium
Looking at property
Meeting a real estate agent
Purchasing house, apartment, land
Putting up “for sale” signs for house
Reading real estate ads
Renting house, apartment, land
Renting storage space
Reviewing house information
Signing a housing contract/lease
Talking to home inspector, home buyer, home seller, real estate agent
Writing a contract on a house/property/apartment
Attending open house (2003)
Closing on house/condominium
Looking at property
Meeting a real estate agent
Purchasing house, apartment, land
Putting up “for sale” signs for house
Reading real estate ads
Renting house, apartment, land/storage space
Reviewing house information
Signing a housing contract/lease
Talking to home inspector, home buyer, home seller, real estate agent
Writing a contract on a house/property/apartment
Being searched at security checkpoint
Opening bags for security search
Passing through metal detector

2004+: The following period includes the following:

Attending open house
Paying the rent (2004-2006)

0500 Child care

This category captures time the respondent spends in child care. This includes care of infants (0533), general care of older children (0534), medical care of children (0535), playing with
children (0536), supervising children or helping with homework (0537), reading to/talking with child (0538), and other child care (0539).

**0533 Care of infants**

**Description:** This category includes baby care, usually for infants who are under five.

*1975-76, 1985:* This period includes care of babies aged less than 5 years old.

*2003+:* The period of physical care for household children, organization and planning for household children, looking after household children as a primary activity, caring for and helping household children, using paid childcare services, and waiting associated with purchasing childcare services, as well as telephone calls to/from paid child or adult care providers. The children of interest are infants, that is, under 5 years old.

- Bathing household child
- Breastfeeding/nursing household baby
- Carrying household child/baby
- Changing household child's diapers
- Cuddling household child
- Cutting household child's hair
- Drawing a bath for a household child
- Dressing household child
- Feeding household child
- Getting household child ready for bed/school
- Getting household child ready to go somewhere
- Getting household child up
- Giving household child a bath
- Giving household child a bottle
- Holding household child
- Laying out clothes for household child
- Preparing a shower for a household child
- Putting household child to bed
- Rocking household child
- Soothing household child/baby
- Tucking in household child
- Waking household child
- Helping with parties for household child
- Making costume for household child
- Organizing activities for household child
- Packing household child's bag
- Planning activities/events/parties for household child
- Planning play dates for household child
- Signing household child up for activities
- Unpacking household child's bag
- Checking on household child
- Keeping tabs on household child
Monitoring household child
Sitting/Supervising with household child
Supervising household child swimming
Watching but not interacting with household child
Adopting a child
Checking out daycare facility
Hiring a nanny or babysitter
Hiring a tutor
Meeting with daycare providers
Paying for after school care program
Paying for daycare, lessons, instructions, summer camp
Paying for tutorial services
Talking to/with babysitter, camp counselor, daycare provider
Waiting to meet a childcare provider
Talking on phone to a babysitter, tutor, day care provider

2004+: The category includes the following examples:

Helping household child bathe
Helping household child brush teeth
Helping household child feed him/herself
Helping household child get dressed
Helping household child use the bathroom

2005+: The category includes the following examples:

Accompanying household child trick-or-treating
Accompanying household child visiting Santa Claus

0534 General care of older children

Description: This category includes care, usually for children who are under 18.

1975-76, 1985: This period includes care for children of mixed ages as well as care for children aged 5-17.

1985: In addition to care for children of mixed ages and children aged 5-17, this period also includes getting money, and gifts from an adult (for example, "got lunch money").

2003+: General care of older children comprises of physical care for household children, organization and planning for household, looking after household children, using paid childcare services, using paid childcare services, waiting associated with purchasing childcare services, and telephone calls to/from child/adult care providers.

Bathing household child
Breastfeeding/nursing household baby
Carrying household child/baby
Changing household child's diapers
Cuddling household child
Cutting household child's hair
Drawing a bath for a household child
Dressing/Feeding household child
Getting household child ready for bed/school
Getting household child ready to go somewhere
Getting household child up
Giving household child a bath
Giving household child a bottle
Helping with parties for household child
Making costume for household child
Organizing activities for household child
Packing household child's bag
Planning activities/events parties for household child
Planning play dates for household child
Signing household child up for activities
Unpacking household child's bag
Holding household child
Laying out clothes for household child
Preparing a shower for a household child
Putting household child to bed
Rocking household child
Soothing household child/baby
Tucking in household child
Waking household child
Helping with parties for household child
Planning events/parties/activities for household child
Signing household child up for activities
Checking on household child
Keeping tabs on household child
Monitoring household child
Sitting/Supervising with household child
Supervising household child
Supervising household child swimming
Watching but not interacting with household child
Adopting a child
Talking on phone to a babysitter
Talking on phone to a tutor
Talking on phone to day care provider

2004+: The period includes the following examples:

Helping household child bathe
Helping household child brush teeth
Helping household child feed him/herself
Helping household child get dressed
Helping household child use the bathroom
2005+: The category also has the following examples:

- Accompanying household child trick-or-treating
- Accompanying household child visiting Santa Claus

0535 Medical care of children

**Description**: This category comprises of medical care for children inside or outside the home.

*1985*: This includes examples such as "took soon to doctor" or "gave doctor medicine"

*2003+:* The post 2003 period includes providing medical care to household children, obtaining medical care for household children, as well as waiting associated with household children's health.

- Bandaging household child's cuts/burns
- Bandaging household child's scrapes
- Giving household child medicine
- Giving household child's insulin shot
- Helping household child with physical therapy
- Putting medicine on household child's burn
- Putting medicine on household child's cuts
- Sitting with sick household child
- Taking household child's temperature
- Accompanying household child to medical appointment
- Talking with household child's doctor, household child's nurse
- Waiting while doctor examines household child
- Waiting with household child at hospital
- Waiting with household child at physician's office
- Visiting household child in hospital

0536 Play with children

**Description**: This category comprises of time spent playing with household children.

*1975-76*: The category includes adults playing with children inside.

*1985*: This period includes time playing with household babies aged 0-2,"indoors or outdoors." Play time with children also includes indoor playing; other indoor activities with children - games such as "playing" unless obviously outdoor games.

*1998-01*: The category includes indoor playing.

*2003+:* This period includes playing with household children, not sports.

- Entertaining household child
- Giving household child a piggyback ride
- Horsing around with household child
Playing games w/household child only
Playing with household child
Singing/dancing with household child (2003)
Tickling household child

2004+: This includes dancing with household child

0537 Supervise child or help with homework

**Description:** This includes time spent supervising school work such as homework, exercises and lessons.

1975-76: In addition to helping in homework, this also comprises of time teaching children skills and how to do things.

1985: This period also includes the following examples:

- Helping/teaching children learn, fix, make things
- Helping son bake cookies
- Helping daughter fix bike

2003+: The period includes arts and crafts with household children, helping or teaching household children (not related to education), helping with homework, attending meetings and school conferences, home schooling of household children, waiting associated with household children’s education, and other activities related to household child's education.

- Building model planes with household child
- Making holiday decorations w/household child
- Organizing coin collection with household child
- Showing household child how to do something (2003)
- Teaching household child manners (2003)
- Teaching household child proper eating habits, proper hygiene (2003)
- Teaching household child to cook (2003)
- Teaching household child to tie shoelaces (2003)
- Checking household child’s homework for completion
- Helping household child with a school project
- Helping household child with homework
- Picking up household child’s books/assignments
- Quizzing household child before a test
- Reviewing household child’s homework
- Signing household child’s homework log
- Attending a PTA meeting
- Attending household child’s back-to-school night
- Attending household child’s parent-teacher conference
- Meeting w/school psychologist of household child
- Meeting with household child’s tutor
Meeting with principal of household child
Observing household child’s class
Talking to/with household child's tutor
Talking with teachers of household child
Home schooling a household child
Waiting to meet with household child’s teacher

2004+: This period also includes the following:

Helping household child make arts and crafts
Attending household child’s school open house
Meeting w/school speech pathologist of household child
Meeting with guidance counselor of household child

0538 Read to, talk with child

Description: This is time spent reading to/talking with child, listening to children.

1965-66: Reading of tales or other non-school books to children, conversations with children, talking to children.

1985: In addition to time reading to child as well as having conversations with household children, this period also includes the following examples:

Giving child orders or instructions
Asking them to help
Telling children to behave
Disciplining child
Yelling at kids, spanking children
Correcting children’s behavior

2003+: This period includes the following examples:

Listening to a household child read
Reading to household child
Reading with household child
Fussing at/scolding household child
Hearing about household child's day
Lecturing household child
Listening to household child sing/recite
Singing to household child
Singing with household child
Talking with household child
Telling household child to brush teeth, get ready for bed

2004+: This following were added after 2004 as well as 2007-2011 respectively.

Helping household child read
Teaching household child to read
Praying with household child (2007-2011)

**0539 Other child care**

**Description:** This includes time spent in other childcare such as unpaid babysitting.

*1985:* The period also includes the following examples:

- Co-ordination or facilitating child's social or instructional non-school activities
- Child care outside respondent's home or to children not residing in household
- Other child care, including phone conversations relating to child care other than medical

*2003+:* This period includes attending household children's events, waiting for or with household children, as well as picking up or dropping off household children.

- Attending household child's recital
- Watching a household child's school play
- Watching household child's sporting event
- Waiting for household child to finish his/her activity
- Waiting for household child to get ready
- Waiting for school bus with household child
- Waiting to pick up household child
- Dropping off household child at babysitter’s
- Dropping off household child at friend's house
- Dropping off household child at soccer practice
- Picking up household child from church
- Picking up household child from day care
- Picking up household child from school

*2004+:* The following category examples were added post 2004:

- Accompanying household child trick-or-treating
- Accompanying household child visiting Santa Claus

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**0600 Adult care, civic, voluntary and religious activity**

This category captures time the respondent spends in adult care as well as civic, voluntary and religious activities. This includes adult care (0640), general voluntary activities (0641), political and civic activity (0642), union and professional activities (0643), volunteering for child or family organization (0644), volunteering for fraternal organization (0645), other formal volunteering (0646), activities for religious organizations (0648), as well as worshiping and religious activities (0649).
0640 Adult care

Description: This includes time spent in care to adults.

1975-76: The period also includes the following examples:

- Medical care to adults in household
- Non-medical care to adult from household
- Help/care for adult from other household
- Help/care for neighbors or friends
- Help or care for unspecified adults

1985: The period comprises of the following examples:

- Medical care to adults in household
- Non-medical care to adults in household
- Routine non-medical care to adults in household: "got my wife up," "ran a bath for my husband"
- Help and care to relatives not living in household
- Helping caring for, providing for needs of relatives; (except travel)
- Helping move, bringing food, assisting in emergencies, doing housework for relatives
- Visiting when sick
- Help and care to neighbors, friends
- Help and care to others, unknown relationship to respondent


2003+: Time in adult care broadly includes the following main categories: caring for household adults, helping household adults, caring for and helping non household children, activities related to non-household children’s education/health, caring for non-household adults, and helping non-household adults. Listed are the category examples:

- Bathing household adult
- Cutting household adult’s hair
- Dressing/Feeding household adult
- Getting household adult ready to go somewhere
- Helping household adult dress
- Providing physical aid to household adult
- Putting household adult to bed
- Waking household adult
- Visiting household adult in hospital (2003-2004)
- Checking on household adult
- Monitoring/Supervising household adult
- Bandaging household adult
- Giving household adult medicine
Waiting to meet a household adult's care provider
Waiting while doctor examines household adult
Waiting with household adult at hospital/physician's office
Helping household adult with computer, taxes/bills
Running errands for household adult (not self)
Shopping for household adult (not self)
Making things for household adult
Organizing parties for household adult
Packing household adult's bags
Planning activities/events/parties for household adult
Dropping household adult off at senior center
Picking up household adult from household adult's event
Waiting for household adult to get ready
Waiting to pick up household adult
Bathing non-household child
Carrying non-household child/baby
Changing non-household child's diapers
Cuddling non-household child
Cutting non-household child's hair
Drawing a bath for non-household child
Dressing non-household child
Feeding non-household child
Getting non-household child ready to go somewhere
Giving non-household child a bottle
Holding non-household child
Laying out clothes for non-household child
Preparing a shower for non-household child
Putting non-household child to bed
Rocking non-household child
Soothing non-household child/baby
Tucking in non-household child
Waking non-household child
Listening to a non-household child read
Reading to non-household children
Reading with non-household children
Entertaining non-household child
Giving non-household child a piggyback ride
Horsing around with non-household child
Playing games with non-household child only
Playing with non-household child
Singing/dancing with non-household child
Tickling non-household child
Building model planes with non-household child
Making holiday decorations with non-household child
Organizing coin collection with non-household child
Playing basketball with non-household child
Riding bikes with non-household child
Fussing at/scolding non-household child
Hearing about non-household child's day
Lecturing non-household child
Listening to a non-household child sing
Praying with non-household child (2007-2011)
Singing to non-household child
Singing with non-household child
Talking with non-household child
Telling non-household child to brush teeth
Telling non-household child to get ready for bed
Helping a non-household child do something
Showing non-household child how to do something
Teaching non-household child manners/proper eating habits
Teaching non-household child proper hygiene
Teaching non-household child to cook
Teaching non-household child to tie shoelaces
Helping with party for non-household child
Making costumes for non-household child
Organizing activities for non-household child
Packing non-household child's bag
Planning activities/party/play dates for non-household child
Signing non-household child up for activities
Unpacking non-household child's bag
Checking on non-household child
Keeping tabs on non-household child
Monitoring non-household child
Supervising non-household child
Supervising non-household child swimming
Watching but not interacting with non-household child
Checking on non-household child
Keeping tabs on non-household child
Monitoring non-household child
Supervising non-household child swimming
Watching but not interacting with non-household child
Waiting for non-household child to finish his/her activity
Waiting for non-household child to get ready
Waiting for school bus with non-household child
Waiting to pick up non-household child
Dropping off non-household child at babysitter's
Dropping off non-household child at friend's house
Dropping off non-household child at soccer practice
Picking up non-household child from day care
Picking up non-household child from school
Checking non-household child's homework
Helping a non-household child with homework
Helping non-household child with school project
Picking up non-household child’s books/assignments
Quizzing non-household child before a test
Reviewing non-household child’s homework
Signing non-household child’s homework log
Attending non-household child’s back-to-school night
Attending non-household child’s parent-teacher conference
Attending PTA meeting
Meeting with school psychologist of non-household child
Meeting with non-household child’s tutor
Meeting with principal of non-household child
Observing non-household child’s class
Talking to or with non-household child’s tutor
Talking with teachers of non-household child
Waiting to meet with non-household child’s teacher
Home schooling a non-household child
Bandaging non-household child’s cuts/burns
Bandaging non-household child’s scrapes/cuts
Giving non-household child medicine, insulin shot
Helping non-household child with physical therapy
Putting medicine on non-household child’s burn/cuts
Sitting with sick non-household child
Taking a non-household child’s temperature
Accompanying non-household child to medical appointment
Talking with non-household child’s doctor/nurse
Waiting while doctor examines non-household child
Waiting with non-household child at hospital/physician’s office
Visiting a non-household child in the hospital
Bathing non-household adult
Cutting non-household adult’s hair
Dressing/Feeding non-household adult
Getting non-household adult ready to go somewhere
Helping non-household adult dress
Providing physical aid to non-household adult
Putting non-household adult to bed
Waking non-household adult
Checking on non-household adult
Monitoring non-household adult
Supervising non-household adult
Visiting non-household adult in hospital (2003-2004)
Accompanying non-household adult to medical appointment
Meeting with non-household adult care provider
Talking to non-household adult’s doctors/nurses
Talking to/with non-household adult care provider
Waiting to meet a non-household adult care provider
Waiting while doctor examines non-household adult
Waiting with non-household adult at hospital/physician’s office
Cooking/preparing food for non-household adult
Doing housework for non-household adult
Doing laundry for non-household adult (not self)
Shopping for non-household adult (not self)
Disposing of trash for non-household adult
Fixing plumbing leak for non-household adult
Mending fence for non-household adult
Mowing the lawn for non-household adult
Painting house for non-household adult
Bathing/Walking dog for non-household adult
Feeding pets for non-household adult
Adjusting brakes for non-household adult
Changing tires for non-household adult
Fixing appliances/car/computer for non-household adult
Maintaining sports equipment for non-household adults
Helping non-household adult with computer applications
Helping non-household adult with taxes/bills
Doing paperwork for non-household adult
Making things for non-household adult
Organizing party for non-household adult
Packing non-household adult's bags
Planning activities/events/party for non-household adult
Running errands for non-household adult (not self)
Dropping non-household adult off at senior center
Picking up non-household adult from adult's event
Waiting for non-household adult to get ready
Waiting to pick up non-household adult

2004+: This period includes the following category examples:

Helping non-household child bathe
Helping non-household child brush teeth
Helping non-household child feed him/herself
Helping non-household child get dressed
Helping non-household child use the bathroom
Helping non-household child read
Teaching non-household child to read
Dancing with non-household child
Helping non-household child make arts and crafts
Teaching non-household child how to play a sport
Teaching non-household child to ride a bike
Attending non-household child's school open house
Meeting with school speech pathologist of non-household child
Meeting with guidance counselor of non-household child

2005+: This period includes the following category examples:

Strolling with a non-household child
Walking with a non-household child
Accompanying non-household child trick-or-treating
Accompanying non-household child visiting Santa Claus
Accompanying non-household child trick-or-treating
Accompanying non-household child visiting Santa Claus

0641 General voluntary activities

Description: General voluntary activities relate to organizational voluntary activities.

1965-66: The period includes time in non-paid collective civic activities (e.g. volunteers) as well as travelling connected to civic and collective participation activities, including waiting for activities means of transport travel.

1975-76: The period also includes miscellaneous volunteering.

1985: The period includes activities with miscellaneous organizations that do not fit under special interest/identity organizations, political party and civic participation, fraternal organizations, child/youth organizations, professional/union organizations, religious groups or religious practice as well as volunteer or helping organizations. Specifically, this time comprises of any activities as a member of an organization not fitting into these categories. Meetings and other activities are included as well. This time also includes interviewing and using questionnaire (etc...) under passive leisure activities.


2003+: Time in general voluntary activities broadly includes the following main categories: administrative and support activities, indoor and outdoor maintenance, building, and clean up activities, participating in performance and cultural activities, attending meetings, conferences, and training, and public health and safety activities. Listed are the category examples:

- Checking e-mail
- Computer use, unspecified
- Designing website for volunteer organization
- Surfing the internet
- Writing/sending e-mail
- Organizing volunteer materials
- Preparing for a meeting
- Stuffing envelopes
- Reading books, journals, newspapers
- Reviewing notes, briefs, papers
- Reading books, journals, newspapers
- Editing newsletters
- Writing letters/memos
- Collecting monetary donations
- Raising money for charitable causes/political candidates
- Ringing a bell for the Salvation Army
- Baking cookies for the PTA bake sale
- Delivering/serving meals to shut-ins
Distributing groceries at food bank
Preparing food for a fundraiser
Serving food at a homeless shelter
Working in a soup kitchen
Collecting clothing for disaster relief
Distributing blankets at a homeless shelter
Reading to the blind
Spending time with hospice patients
Visiting shut-ins or the elderly
Walking dogs at animal shelter
Assisting in a classroom
Being a Big Brother/Big Sister
Coaching teams
Counseling at a halfway house
Doing vocational training
Leading Boy Scout meeting
Leading religious youth group
Teaching parenting classes
Teaching Sunday school
Tutoring
Working a hotline for victim support services
Building a wildlife refuge area
Building houses for Habitat for Humanity
Building playgrounds
Cleaning parks/streets
Doing environmental clean-up
Maintaining hiking trails
Picking up trash
Planting trees
Renovating a house
Repairing cars, tools or equipment
Acting in a performance
Auctioneering a benefit auction
Dancing in a performance
Emceeing a charity function
Performing music
Being a docent/museum guide
Donating blood, providing medical care
Being on duty as firefighter
Patrolling for neighborhood crime watch

2004+: This period includes the following category examples:

Addressing envelopes
Filing
Preparing/organizing schedules
Donating books
Donating clothing
Sorting books, clothing

2006+: This period includes practicing for a performance related to volunteer activities.

2007+: This period includes the following category examples:

- Reading scriptures
- Reading the Bible
- Reading scriptures
- Reading the Bible
- Donating books
- Donating clothing
- Sorting books, clothing
- Counted church offering
- Leading a blessing
- Teaching bat/bar mitzvah class, confirmation class
- Teaching religious class
- Teaching/leading Bible study, religious class

2012+: This period includes the following category examples:

- Reading scriptures
- Reading the Bible
- Donating books
- Donating clothing
- Sorting books
- Sorting clothing
- Counted church offering
- Leading a blessing
- Teaching bat/bar mitzvah class
- Teaching confirmation class, religious class
- Teaching/leading Bible study, religious class

0642 Political and civic activity

Description: This category comprises of time spent in political or civic programs.

1965-66: The period includes time in programs of political or union training course including political courses. This also comprises of time in participation as member of a party, of a union, etc.

1975-76: The period also includes time spent in meetings with political or civic groups as well as other political/civic activities.

1985: This period includes time spent on political party and civic participation (i.e. Citizens' groups, Young Democrats, Young Republicans, radical political groups, civic duties).
Meetings- political/citizen organizations
Attending meetings of a political party or citizen group, including city council
Other activities, political/citizen organizations
Participation in political party and citizens’ groups, including social activities, voting, jury duty, helping with election, and meals

2003+: Time in political and civic activities broadly includes time in civic obligations and participation and waiting associated with such activities.

0643 Union and professional activities

Description: This category comprises of time spent in union or professional activities.

1965-66: The period comprises of time in participation in various factory councils (committees, commissions).

1975-76: The period also includes time spent in union/professional group meetings as well as other union/professional group activity.

1985: This period includes time spent in professional and union organizations (State Education Association; AFL-CIO; Teamsters)

Meetings; professional/union
Attending meetings of professional or union groups
Other activities, professional/union
Other activities as a member of a professional or union group including social activities and meals

1992-94, 1994-95, 1998-01: The period is categorized as time with professional unions and organizations.

2003+: Time in union and professional activities includes

0644 Volunteer for child or family organization

Description: This is time spent in family or youth organizations.

1975-76: The period also includes time spent in meetings of family/youth organizations as well as other family/youth group activities.

1985: This period includes time spent in child/youth/family organizations (for example, PTA, PTO; Boy/Girl Scouts; Little League, YMCA/YWCA; school volunteer)

Meetings, family organizations
Attending meetings of child/youth/family oriented organizations
Other activities, family organizations
Other activities as a member of child/youth/family oriented organizations including social activities and meals

1994-95: The period is categorized as time with family organizations.

**0645 Volunteer for fraternal organization**

**Description:** This is time spent in fraternal organization activities.

1975-76: The period also includes time spent in fraternal organizations as well as other fraternal organization activities.

1985: This period includes time spent in fraternal organizations (Moose, VFW, Kiwanis, Lions, Civilian, Chamber of Commerce, Shriners, American Legion)

- Meetings, fraternal organizations
- Attending meetings of fraternal organizations
- Other activities, fraternal organizations
- Other activities as a member of fraternal organizations including social activities and helping activities and meals

1992-94: The period is categorized as time with fraternal organizations.

**0646 Other formal volunteering**

**Description:** This is time spent in other types of formal miscellaneous volunteering.

1965-66: The period includes time in voluntary activity as an elected official of a social or political organization, participation in meetings, participation in other associations (family, parent, military, etc.), and miscellaneous organization participation.

1975-76: The period also includes time spent in meetings of identity groups and other identity group activities. Time in other formal volunteering also includes attending meetings of voluntary group, office volunteer, fundraising activity for voluntary group, direct help to persons as a member as well as other voluntary activities for group.

1985: This period includes time spent in special interest/identity organizations (i.e. groups based on sex, race, national origin, NOW; NAACP; Polish-American Society; neighborhood or block organizations; CR groups; senior citizens; Weight Watchers). Further, this also includes time in volunteering or helping in organizations (hospital volunteer group, United Fund, Red Cross, Big Brother/Sister)

- Meetings: identity organizations
- Attending meetings of special interest, identity organizations
- Other activities, identity organizations
- Other activities as a member of a special interest, identity organization, including social activities and meals
- Attending meetings of volunteer, helping organizations
Officer work; work as an officer of volunteer, helping organizations, respondent must indicate he/she is an officer to be coded here
Fundraising activities as a member of volunteer helping organization
Collecting money, planning a collection drive
Direct help to individuals or groups as a member of volunteer helping organizations
Visiting, bringing food, driving
Other activities as a member of volunteer helping organizations, including social events and meals

1992-94, 1998-01: This is time spent with special interest groups and other organizations.

0648 Activities for religious organization

Description: This is time spent in religious organizations.

1965-66: The period includes time in participation in religious organizations and religious practice.

1975-76: The period also includes time spent in religious charity group meeting, other religious charity activity, other religious group meetings and other religious group act/social.

1985: This period includes time spent in religious groups.

Meetings: religious helping groups
Attending meetings of helping-oriented church groups, ladies aid, circle, missionary society, Knights of Columbus
Other activities; religious helping groups
Other activities as a member of groups including social activities and meals
Meetings: other church groups; attending meetings of church group, not primarily helping-oriented, or unknown if helping-oriented
Other activities, other church groups; other activities as a member of church groups which are not helping oriented or unknown if helping, including social activities and meals
Choir practice
Bible class

1992-94, 1994-95, 1998-01: The period is categorized as time with religious groups.

0649 Worship and religious activities

Description: This is time spent attending religious practice and services.

1965-66: The period includes time in religious practice and attending religious ceremonies.
1975-76: The period also includes time spent in attending religious services and private worship.

1985: This period includes time spent in religious practice.

Attending services of a church or synagogue, including participating in the Service
Ushering
Singing in choir
Leading youth group
Going to church, funerals
Individual practice
Religious practice carried out as an individual or in a small group
Praying, meditating
Bible study group (not at church)
Visiting graves


1994-95: The period is categorized as time in worship and religious activities.

2003+: Time in worship and religious activities include attending religious services, participating in religious practices, waiting associated with religious and spiritual activities, and security procedures linked to these activities.

Attending a baptism/christening, a bar mitzvah/briss
Attending church revival, church services, confirmation service
Attending funerals
Attending mosque, synagogue, temple
Attending wakes, memorial services
Attending/participating in weddings
Attending church choir practice
Cleaning up after religious ceremonies
Decorating for religious ceremonies
Leading church choir, musical groups
Participating in church musical performance
Playing the church organ, alone, with others
Putting flowers on graves
Rehearsing for religious ceremonies
Singing in the church choir
Ushering for religious services
Visiting graves
Being searched at security checkpoint
Opening bags for security search
Passing through metal detector
2004+: The following are post 2004 category examples.

- Attending a religious retreat
- Opening Advent calendar day
- Conducting religious rites in the home
- Lighting menorah candles (Hanukkah), attending Advent wreath

2007+: The following are post-2007 category examples.

- Attending a blessing
- Attending/hearing confession
- Saying prayers for a Seder
- Preparing the sacrament/communion
- Reading the Bible/Koran/Torah/Talmud/scriptures
- Studying the Bible/Koran/scriptures
- Meditating for religious purposes
- Attending a wedding rehearsal
- Leading blessings
- Attending Passover Seder

0700 Out of home free time and leisure

This category captures time the respondent spends in out-of-home free time and leisure activities. This includes general out-of-home leisure (0750), attending sporting event (0751), going to the cinema (0752), attending the theater, concert or opera (0753), going to museums or exhibitions (0754), attending other public event (0755), time at restaurant, café, or bar (0756), attending parties or receptions (0757), as well as imputed time away from home (0758).

0750 General out-of-home leisure

Description: This captures time in out-of-home leisure and socializing.

1965-66: Time in general out-of-home leisure includes attending receptions that don't fit under sports events, movies, museums, party, café or bar.

1975-76: This is time spent in other types of socializing.

1985: This period includes time spent in socializing related to other events that don't fit under visiting, party, at a bar, dancing, or travel.

1998-01: This period is categorized as time in entertainment.

2003+: Time in general out of home leisure includes security procedures related to arts and entertainment, other types of arts and entertainment, as well as waiting associated with arts and entertainment.
Being searched at security checkpoint (art/entertainment)
Opening bags for security search (art/entertainment)
Passing through metal detector (art/entertainment)
Attending a book signing, carnival
Attending a festival, flower show
Attending a poetry reading, an amusement park
Attending an art/history/music lecture, an auto show
Attending the circus, the county fair
Setting off fireworks
Sightseeing
Taking a guided nature walk
Visiting historic sites
Watching a parade/fireworks

0751 Attend sporting event

Description: This captures time in out-of-home leisure and socializing.

1985: This period includes time spent attending sports events – football, basketball, hockey, etc.

2003+: Time in this activity include attendance to a variety of sports related events, waiting associated as well as security procedures related to/with sports, exercise, and recreation.

Watching aerobics
Watching baseball - Talking to a baseball player
Watching biking - Watching a bicycle race
Watching billiards, pool players, snooker players
Watching boating, canoeing, crewing, kayaking
Watching rafting, sailing, yachting
Watching bowling, duck pins, ten pins
Watching climbing, spelunking, caving
Watching dancing
Watching equestrian sports, a steeple chase
Watching horseback riding, polo games, fencing, fishing
Watching clam-digging, crabbing, deep-sea fishing, fly fishing
Watching football, tag football, touch football
Watching golfing, a golf tournament, gymnastics
Watching balance beam completion
Watching parallel bar competition, tumbling
Watching hockey, field hockey, ice hockey
Watching martial arts, karate, kickboxing
Watching racquet sports, badminton
Watching handball, racquetball, squash
Watching tennis, rodeo competitions, rollerblading
Watching roller-skating, skateboarding
Watching rugby, a marathon, a running race
Watching skiing, ice skating, snowboarding, snow tubing
Watching soccer, softball, wiffle ball, vehicle touring or racing
Watching 4-wheeling, a drag race
Watching a motocross race, a stock car race
Watching snowmobiling, volleyball
Watching walking sporting event, water sports
Watching a swim/dives meet, a water polo match
Watching water aerobics, weightlifting or strength training
Watching people working out, unspecified
Watching wrestling, archery, ballooning
Watching baton twirling, boxing
Watching bungee jumping, cheerleading, croquet game
Watching dart playing, discus, hang-gliding, javelin, ping-pong
Watching pole vaulting, skeet-shooting
Watching skydiving, windsurfing

2005+: The following are post-2005 category examples.

Watching an organized run
Watching cross country running
Watching lacrosse

0752 Go to cinema

Description: This is time spent at the movies.

0753 Theater, concert, opera

Description: This is time spent at the theater or concert and other types of performing arts.

1975-76: This is time spent at the theater, concert, opera as well as ballet.

1998-01: The 1998 survey includes time at the theater and the 1999 survey also includes time watching videos.

2003+: Time in this activity include attendance to performing arts. The following are the category examples:

Attending a concert, comedy club
Attending dance troupe performances
Attending jazz bar, musicals
Attending opera, plays
Attending the ballet
Attending the theater
0754 Museums, exhibitions

**Description:** This is time spent at the museums, galleries and art events.

- **1975-76:** This also includes time in galleries and zoos.
- **1998-01:** Time in museum and exhibitions is generally categorized under attending arts events.
- **2003+:** Time in this activity include attending museums. The following are the category examples:
  - Attending a botanical garden
  - Attending an arboretum
  - Attending an art gallery, exhibitions
  - Visiting the zoo

0755 Attend other public event

**Description:** This captures time attending miscellaneous events except for the 1998-01 period.

- **1985:** This is time spent at miscellaneous spectacles, events: circus, fairs, and rock concerts.
- **1998-01:** This is time in telephone conversations in the 1998 survey.

0756 Restaurant, cafe bar

**Description:** This captures time in social activities such as bars and lounges.

- **1965-66:** This includes time at the café, bar, tearoom or pubs.
- **1975-76:** This period also comprises of time at cocktail lounge.
- **1985:** The period includes time spent at the bar, cocktail lounge, nightclub, socializing or hoping to socialize at bar, lounge as well as dancing.
- **1998-01:** This is time spent at bars, lounges, as well as other social activities.
- **2003+:** The period includes time in eating and drinking, waiting associated with eating and drinking, and attending gambling establishments. The following are the category examples:
  - Attending Passover Seder
  - Waiting for a table
  - Waiting for food to be delivered
  - Waiting for the check
  - Waiting for the pizza delivery person, to place an order
Attending a casino
Betting on the horses, gambling
Playing craps
Playing keno

2005+: This period includes taking a lunch break as well.

0757 Parties or receptions

Description: This captures time in parties and events.

1965-66: This includes time in parties or receptions with meals offered to or offered by friends.

1975-76: This period also comprises of time in dancing events.

1985: This also includes time at weddings.

1998-01: The period includes time in picnics as well.

2003+: The period includes time attending or hosting parties, receptions or ceremonies, attending meetings for personal interest, or attending or hosting social events.

Attending a charity social event
Attending bachelor/ette party/birthday parties, graduation ceremonies
Attending parties, receptions
Opening birthday presents
Attending a Boy Scout/Girl Scout meeting (for self)
Attending a church circle meeting, a fraternal lodge meeting
Attending a homeowner’s association meeting
Attending a senior citizens meeting, AA meetings
Attending an Al-anon meeting, book club meetings
Attending club meetings (not school)
Attending fraternity/sorority meetings/professional meetings (not work)

2004+: The period also includes attending holiday open house and housewarming.

0758 Imputed time away from home

Description: Imputed time away from home is defined as time when the person has been travelling, following time at an unspecified other (not missing) location away from home or another home.
**0800 Sports, exercise and outdoor activities**

This category captures time the respondent spends doing sports, exercise and outdoor activities. This includes sports and exercise (0860), walking (0862), cycling (0863), outdoor recreation (0864), physical activity, sports with child (0865), hunting, fishing, boating, hiking (0866), gardening (0867), pet care, and walking dogs (0868).

**0860 Sports and exercise**

**Description:** Sports and exercise captures time in physical exercise and playing sports.

*1965-66:* This includes time practicing a sport or physical exercise – active sports.

*1975-76:* The period includes time spent playing football, tennis/squash, golf, swimming, ski/water ski, bowling, ping-pong, Frisbee, catch, exercise and yoga. It also includes time in snowmobile, dune buggy, gliding, ballooning, jogging/running, motorcycling, horse bike riding, as well as sports classes or training.

*1985:* This is time in active sports and outdoors. The following are the category examples in addition to the ones mentioned for the 1975-76 period:

- Basketball, baseball, volleyball, hockey, soccer, field hockey
- Paddleball
- Golf, miniature golf
- Ice skating, sledding, roller skating
- Bowling, pool, ping-pong, pinball
- Frisbee, catch
- Exercises, yoga, weightlifting
- Judo, boxing, wrestling
- Gymnastics
- Watching another person do active leisure activities

*1993-94:* This is time in active sports and exercise.

*2003+:* The period includes time in the following category examples:

- Doing high/low-impact aerobics, doing step aerobics
- Talking to aerobics instructor / baseball coach
- Playing basketball, talking to basketball referee
- Registering for a bike race
- Playing snooker
- Shooting pool
- Canoeing, crewing, kayaking, rafting
- Sailing, yachting
- Playing duck pins/ten pins
- Mountain climbing, rock climbing
- Horseback riding
Playing polo
Steeple chase
Fencing
Fishing, Clam-digging, Crabbing, Deep-sea fishing, Fly fishing
Talking to the boat captain
Playing flag football/touch football
Talking to the football referee
Golfing
Hitting balls at the driving range
Playing the back/front 9
Practicing putting
Talking to the caddy
Doing gymnastics, talking to the gymnastics coach
Tumbling
Using parallel bars, balance beam
Using the pommel horse, uneven bars
Hiking
Playing hockey, field hockey, ice hockey
Talking to the hockey coach
Hunting deer/elk, ducks, hunting games
Talking to the hunting guide
Martial arts, doing karate, kickboxing
Talking to martial arts instructor
Playing badminton, handball, lacrosse, racquetball, squash, tennis
Talking to the tennis coach
Barrel riding
Calf roping, roller-skating, skateboarding
Playing rugby
Running/Jogging, running a marathon
Talking to race officials
Snow tubing
Playing soccer, softball, wiffle ball
Using the rowing machine, Stairmaster, treadmill
4-wheeling
Doing motocross
Drag racing
Snowmobiling
Stock car racing
Playing Wally ball
Walking
Water sports, surfing, boogie-boarding
Diving, playing water polo
River tubing, scuba diving, snorkeling, surfing, swimming
Talking to the swimming coach
Waterskiing
Bodybuilding, lifting weight, stretching
Freestyle wrestling
Greco-Roman wrestling
Talking to the wrestling referee
Yoga, Pilates, talking to the yoga instructor
Archery, ballooning
Baton twirling, boxing
Bungee jumping, cheerleading
Collecting firewood for camp
Cricket, croquet, curling
Digging a latrine, discus
Foot bag, hang-gliding
Horseshoes, javelin
Kite flying
Paintball, ping-pong, playing Frisbee golf
Pole vaulting
Setting up camping tent, starting a campfire
Shooting league
Skeet-shooting, skydiving
Table tennis, tai chi
Target practice, throwing darts
Wind surfing

2004+: The period includes the following examples as well.

Riding in a go-cart
Water aerobics

2005+: The post 2005 period includes the following examples. Another example “riding in or driving a dune buggy” was added in 2006 and doing cardio, unspecified was added post 2008.

Playing in the snow
Running a race/organized run
Running cross country
Riding stationary bicycle, spinning

0862 Walking

Description: Walking mainly captures time taking walks for pleasure.

1965-66: This includes time spent taking walks.

1975-76, 1985: This is time spent walking for pleasure.

1998-01: This is time spent walking in the 1998 survey. It also includes hiking in the 1999 survey.

2003+: The period includes time walking as well as other times that were not coded but the respondent specified that he/she was walking in the "where" codes.
**0863 Cycling**

Description: This is time spent bicycling.

2003+: The period includes time spent biking as well as time registering for a bike race.

**0864 Outdoor recreation**

Description: Outdoor recreation captures time in outdoor recreational activities.

1975-76: The following are the activities and category examples included for this period:
- Putter in yard
- Camping
- Excursions
- Picnics

1985: This is time in excursions, pleasure drives, rides with family.

2003+: The period includes time spent climbing, spelunking, and caving.
- Mountain climbing
- Rock climbing

**0865 Physical activity, sports with child**

Description: This is time in physical and outdoor activities.

1965-66: This includes time in outdoor games/playing and walks.

1985: This includes time in outdoors playing, coaching/leading outdoor, non-organizational activities; outdoor activities with children including sports, walks, biking, and other outdoor games.

1993-94: This is time generally categorized under outdoor playing.

2003+: The period includes time playing sports with household children as well as non-household children
- Playing basketball with household child
- Riding bikes with household child

2004+: The following were added post 2004:
- Teaching household child how to play a sport
- Teaching household child to ride a bike
2005+: The following were added post 2005:

- Strolling with a household child
- Walking with a household child

0866 Hunting, fishing, boating, hiking

**Description:** This is time in activities such as excursions related to hunting and hiking.

- **1965-66:** This includes time excursion, hunting, fishing, and hiking.
- **1985:** In addition to hunting, fishing, boating, and hiking, this period also includes time in sailing, canoeing, and camping on the beach.
- **2003+:** The period includes time boating, fishing, hiking, and hunting.

  - Canoeing, crewing
  - Kayaking, rafting
  - Sailing, yachting
  - Clam-digging, crabbing
  - Deep-sea fishing, fly fishing
  - Talking to the boat captain
  - Hunting deer/elk/ducks
  - Hunting game
  - Talking to the hunting guide

0867 Gardening

**Description:** This is time in gardening activities.

- **1965-66:** This period includes time in gardening when the animal is not present.
- **1985:** The following are the category examples for this period:
  
  - Flower or vegetable gardening
  - Spading, weeding, composting,
  - Picking, worked in garden
  - Care of house plants
- **1993-94, 1994-95, 1998-01:** This is time in plant care.
- **2003+:** The period includes time in lawn, garden and houseplant care.
  
  - Adding chemicals to lawn, applying pesticides
  - Blowing leaves
  - Collecting eggs, honey
  - Cutting the grass
  - Digging in the vegetable garden
  - Doing yard work
Edging
Fertilizing garden/lawn
Gardening
Gathering nuts
Hunting mushrooms
Laying paving stones
Mowing the lawn
Mulching
Picking fruit and vegetables
Picking up branches, twigs
Planting
Planting beans, flowers, fruits and vegetables, fruit tree, tomatoes
Pruning shrubs
Pruning tree
Putting pesticides on lawn
Putting snail killer around vegetables
Raking leaves
Seeding
Sowing flower or vegetable seeds
Spraying for bugs, spraying fruit trees/rose bushes
Spreading mulch
Trimming branches/hedges
Turning sprinkler on or off
Tying up tomatoes
Watering garden, houseplants, lawn, outdoor plants
Weeding (general), weeding flower garden, vegetable garden

0868 Pet care, walk dogs

Description: This is time in animal care.

1965-66: This period includes time in gardening and animal care when the animal is present.

1985: The following are the category examples for this period:

Care of animals/livestock when respondent is not a farmer
Care of household pets including activities with pets
Playing with the dog
Walking the dog

1993-94, 1994-95, 1998-01: This is time in animal care.

2003+: The period includes time in care for animals and pets (not veterinary care).

Adopting a pet
Bathing/brushing dog
Burying animals
Caring for an orphaned animal or household pets
Changing dog's water
Cleaning the litter box/cleaning up after pets
Clipping cat's claws/dog's nails
Exercising pets
Feeding a raccoon, astray
Feeding birds, cat, ducks
Feeding fish, guinea pig, horses
Feeding rabbit, squirrels
Feeding the dog, pets (general)
Watering pets
Filling the bird feeder
Grooming horse, pets (general)
Nursing a sick animal
Petting animals
Playing with animals/with the dog
Providing medical care to pets
Taking pets for a walk
Tending a wounded bird
Visiting an animal shelter to select pet
Walking the dog
Watching kittens/puppies being born

0900 In home free time leisure

This category captures time the respondent spends in in-home free time and leisure. This includes general indoor leisure (0970), imputed in-home social (0971), receiving or visiting friends (0972), other in-home social, games (0973), playing musical instrument, singing activities (0974), artistic activity (0975), crafts (0976), hobbies (0977), as well as relaxing, thinking, doing nothing (0978).

0970 General indoor leisure

Description: This is time in other types of active leisure and pasttimes.

1965-66: This period includes time in other pastimes.

1975-76: This is time in other active leisure.

1985: The 1985 period comprises of time in other active leisure as well as hanging around.

0971 Imputed in-home social

**Description:** Imputed social time is defined as time from original codes where the diarist reported to activity of the person with whom they interacted but not their own activity and time where no activity was recorded but other people were recorded as present. In the case of the 1975-76 and 1985 data, there is a code for recording the activity of someone else who was present rather than the diarist’s own activity. These cases are recoded as imputed social activity when they appear as either a main or a secondary activity. This activity is not available for the 1993-1994, 1994-95, 1998-01 as well as the 2003+ samples.

0972 Receive or visit friends

**Description:** This comprises of time visiting with or receiving friends.

*1965-66:* This period includes time receiving visit of friends or visiting with friends.

*1975-76:* This time is generally categorized as visiting with others.

*1985:* The following are the category examples for this period:

- Visiting with others
- Socializing with people other than respondent’s own household members either at respondent’s home or another home
- Talking/chatting in the context of receiving a visit or paying a visit
- Watching another person do active leisure activities (for children)

*1993-94:* This period is generally categorized as visiting under entertainment/social activities.

*1998-01:* This is time visiting and socializing.

*2003+:* The period includes time in socializing and communicating with others.

- Accompanying family while they run errands
- Accompanying friends while they run errands
- Arguing with family, with friends
- Entertaining family/friends
- Giving gifts to friends/presents to adults
- Greeting family/friends
- Greeting neighbors/acquaintances/other parents
- Hanging out with family/with friends
- Hugging or kissing family
- Hugging/kissing acquaintances/others, friends, neighbors
- Spending time with family, friends
- Talking to/with other parents
- Talking with acquaintances, with family, with friends, with neighbors
- Visiting with family, with friends
2004+: This period includes the following examples as well.

Opening birthday presents (with others)
Opening Christmas gifts (with others)
Opening gifts (with others)
Opening wedding presents (with others)

2005+: This period includes the following examples:

Accompanying family/friends to look at family/friend's new house
Visiting adult in nursing home
Visiting household/non-household adult in hospital (2005-2007)

0973 Other in-home social, games

Description: This comprises of time in social and society games.

1965-66: This period includes time in society games or parlor games.

1975-76: This is time playing cards, board games, social games, and puzzles.

1985: The following are the category examples for this period:

Playing card games (bridge, poker)
Playing board games (Monopoly, Yahtzee, etc.), bingo, dominoes, Trivial Pursuit
Playing social games (scavenger hunts), "played games" unknown kind
Puzzles
Playing with toys
Playing indoors or unknown where; "played a game"

1993-94, 1994-95, 1998-01: This period is generally categorized as playing games under recreation.

2003+: The period includes time spent playing games:

Playing board games/playing cards
Playing computer games
Playing games over the internet
Playing Scrabble
Working jigsaw puzzles/crossword puzzles

2004+: This period includes the following examples as well.

Hiding Easter eggs
Hiding matzo (Passover)
Hitting a piñata
Spinning dreidels
0974 Play musical instrument, singing activities

Description: This comprises of time in musical activities such as playing an instrument.

1965-66: This period includes time in playing a musical instrument, singing as well as making music.

1975-76: This is time playing a musical instrument, singing, acting, as well as non-social dancing.

1985: The following are the category examples for this period:

- Playing a musical instrument, (include practicing), whistling
- Singing
- Acting (rehearsal for play)
- Non-social dancing (ballet, modern dance, body movement)
- Pretend, dress-up, "played house," "played fireman"

1993-94, 1995-94, 1998-01: This period is generally categorized as music/drama/dance under recreation.

2003+: Not available for this period.

0975 Artistic activity

Description: This comprises of time in artistic activities such as painting.

1965-66: This period includes time spent in artistic creations (sculpture, painting, pottery, literature, etc.) - generally categorized as art work.

1975-76: This is time spent on doing sculptures, painting, and drawing as well as time spent on literature or writing poetry. This period also includes time in photography.

1985: The following are the category examples for this period:

- Sculpture, painting, potting, drawing
- Literature, poetry, writing (not letters), writing a diary
- Photography

1993-94: This period is generally categorized as art under recreation.

1998-01: This is time spent doing art.

2003+: The period includes time spent writing for personal interest.

- Writing in diary
- Writing in journal
- Writing stories
2004+: The period includes time spent editing for personal interest as well.

2005+: The period includes time spent writing lyrics.

2011+: The period includes time spent blogging.

0976 Crafts

Description: This comprises of time in crafts such as knitting and sewing.

1965-66: This period categorizes time in crafts as ladies' work (confection, needle work, dressmaking, knitting, etc.) – generally characterized as ladies hobbies.

1975-76: The period includes time spent on preserving foodstuffs, knitting, sewing, needlework, carpentry and woodwork as a hobby.

1985: The following are the category examples for this period:

- Preserving foodstuffs (cleaning, pickling)
- Knitting, needle-work, weaving, crocheting (including classes), crewel, embroidery, quilting, quilling, macramé
- Sewing

1993-94, 1994-95, 1998-01: This period is generally categorized as domestic crafts under recreation.

2003+: The period includes

- Artistic painting
- Jewelry making
- Making holiday/other decorations
- Making pottery/sculpting
- Model making
- Photography
- Putting pictures in albums
- Taking photographs
- Wood working

2004+: The period includes the following category examples as well.

- Dyeing Easter eggs
- Making Christmas decorations
- Making Halloween costumes for self
- Stringing popcorn
- Taking pictures, snapshots
- Videotaping
2007+: The period includes scrapbooking or making a scrapbook as well.

0977 Hobbies

Description: This comprises of time in hobbies such as collecting and repairing as a hobby.

1965-66: This period includes time technical hobbies, collections.

1975-76: This is time spent working on cars as hobby, repairing leisure equipment, collections and scrapbooks.

1985: The following are the category examples for this period:

- Working on cars - not necessary to their running; customizing, painting
- Working on or repairing leisure time equipment (repairing the boat, “sorting out fishing tackle”)
- Collections, scrapbooks
- Carpentry and woodworking (as a hobby)

1993-94, 1994-95, 1998-01: This period is generally categorized as hobbies under recreation.

2003+: The period includes time collecting as a hobby as well as other hobbies that exclude arts and crafts.

- Organizing coin collection
- Bird watching
- Researching family tree

2005+: This period includes collecting/organizing stamps as a category example as well.

0978 Relax, think, do nothing

Description: This comprises of time in no visible activities such as thinking, relaxing etc.

1965-66: This is time spent relaxing, reflecting, thinking, planning, doing nothing - no visible activity.

1975-76: This is time spent relaxing, thinking, planning, reflecting, doing nothing, sitting, other passing leisure, smoking dope.

1985: The following are the category examples for this period:

- Relaxing
- Thinking, planning, reflecting
- Doing nothing, "sat"; just sat
Other passive leisure, smoking dope, pestering, teasing, joking around, messing around, laughing

1993-94, 1994-95, 1998-01: This period is generally categorized as thinking/relaxing under communications.

2003+: The period includes time relaxing and thinking, using tobacco and drug, as well as waiting associated with socializing, relaxing and leisure.

Breaks at work, unspecified activity
Daydreaming
Doing nothing/goofing off/wasting time
Fantasizing
Grieving
Hanging around/hanging out (2003)
Reflecting
Resting/relaxing/lounging
Sitting around
Sunbathing
Thinking (2003-2004)
Watching husband assemble lawnmower
Watching husband cook dinner
Watching wife garden
Wondering
Worrying/crying
Chewing tobacco
Having a cigarette
Rolling a cigarette
Smoking a cigarette/cigar/pipe
Smoking marijuana/pot/weed
Using recreational drugs

2004+: The period includes the following category examples as well.

Hanging around/hanging out (alone)
Sitting in the hot tub/Jacuzzi/whirlpool
Sitting in the sauna

2007+: The period includes lying around as a category example as well.

1000 Media and computing

This category captures time the respondent spend in reading, using media, and computers. This includes reading books (1081), reading periodicals (1082), reading newspapers (1083), listening to music, CD etc (1084), listening to the radio (1085), watching TV, video (1086),
writing by hand (1087), having a conversation, using a phone, texting (1088), and using a computer (1089).

**1081 Read books**

**Description:** This comprises of time reading books.

*1985:* This is time being read to or listening to a story.
*2003+:* This period includes time in reading for personal interest with the following category examples:

- Being read to
- Borrowing books from the library
- Browsing at the library
- Checking out library books
- Doing research
- Flipping/leafing through magazine
- Listening to books on tape
- Reading a book on a Kindle or other electronic book reader (personal interest) (2011+)
- Reading a magazine/book
- Reading scripture
- Reading the Bible
- Reading the newspaper
- Reading, unspecified
- Returning library books

*2011+:* This includes reading a book on a Kindle or other electronic book reader as a category example as well.

**1082 Read periodicals**

**Description:** This comprises of time reading magazines, pamphlets etc.

*1965-66:* This is time spent reading reviews, periodicals, pamphlets and reading magazines.

*1975-76, 1985:* This is time spent reading pamphlets and magazines as well as reading other types of unspecified media.

*2003+:* Not available for this period.

**1083 Read newspapers**

**Description:** This is time spent reading newspapers and is not available for the period post 2003.
1084 Listen to music, CD etc

Description: This comprises of time listening to music in various medium.

1965-66: This is time spent listening to and playing records.

1975-76: This is time spent listening to music and records.

1985: The period comprises of time spent listening to records, tapes, listening to music, listening to others playing a musical instrument, and recording music.

2003+: This period includes the following category examples:

- Listening to recorded music
- Listening to records/CDs/DVDs/tapes
- Listening to someone play the piano
- Playing musical instrument (leisure)
- Tuning musical instruments

2004+: This period includes the following category examples:

- Christmas caroling
- Singing
- Singing karaoke

2005+: This period also includes composing music as a category example.

1085 Listen to radio

Description: This activity includes time spent listening to radio.

1985: This period also includes time radio transmitting (i.e. CB radio, shortwave).

2003+: This period includes the following category examples:

- Listening to a radio talk show
- Listening to music on the radio
- Listening to public radio
- Listening to the top ten on the radio

1086 Watch television, video

Description: This comprises of time watching TV and videos.

1965-66, 1975-76: This is time spent watching television.

1985: This is time spent watching cable TV, TV, VCR, and home movies.
2003+: This period includes time spent watching television and movies (non-religious) as well as watching religious TV:

- Borrowing movies from the library
- Returning movies to library
- Rewinding a tape or DVD (2003-2004)
- Setting TiVo/DVR (2011+)
- Setting the VCR or DVD player
- Watching a DVD/video/instructional video
- Watching home movies/home videos
- Watching TV
- Watching TV/DVDs on computer (personal interest) (2011+)
- Watching videos on YouTube (2011+)

2011+: This period includes the following category examples as well:

- Setting TiVo/DVR
- Watching TV/DVDs on computer
- Watching videos on YouTube

1087 Writing by hand

**Description:** This comprises of time writing letters or correspondences.

1965-66, 1975-76: This is time spent writing private correspondence and letters.

1985: This period comprises of time reading/writing letters, reading mail, as well as typing.

2003+: The post 2003 period includes time on household and personal mail and messages (except for emails):

- Bringing in newspaper/mail
- Checking phone messages
- Checking to see if mail came
- Collecting mail
- Getting mail in
- Looking at/checking mail
- Mailing letters, payments
- Mailing/picking up letters
- Mailing/picking up packages
- Reading mail
- Sending express mail
- Sending reg./cert. packages/mail
- Signing for certified mail
- Sorting mail
- Throwing away junk mail
- Writing cards
Writing letters

2004+: We also have the following category examples for this period:

- Addressing holiday cards
- Writing Christmas cards
- Writing Valentines

1088 Conversation, phone, texting

Description: This captures time in conversations.

1965-66: This is time spent in conversations, including phone conversations.

1975-76: This is time spent in phone conversations, face-to-face conversations, and conversation with household members.

1985: The period includes time in activities relating to the following category examples:

- Placing local calls
- Receiving local calls
- Placing long distance calls
- Receiving long distance calls
- Phone conversations
- Visiting by phone
- Other talking/conversations
- Face-to-face conversations
- Conversations with household members only – adults only or children and adults
- Arguing or fighting with people other than household members only, household and non-household members, or unknown
- Arguing or fighting with household members only
- Being disciplined, spanked, bawled out for misbehaving
- Receiving instructions, orders

2003+: This period includes time on telephone calls to/from family members, telephone calls to/from friends, neighbors, or acquaintances as well as other unidentified phone calls.

- Talking on phone to relatives, boyfriend, girlfriend
- Talking on phone to fiancée
- Talking on phone to friends/neighbors/acquaintances

2011+: This period also includes time skyping with family members.

1089 Use computer

Description: This captures time using a computer for various activities.
1965-66, 1975-76: Not available for this period.

1985: This includes using a computer, using a computer for education, computer games for children and adults, and other computer use.

2003+: This period includes time in household and personal email and messages as well as computer use for leisure (excluding games)

- Browsing on the internet
- Computer use, leisure
- Computer use, unspecified
- Designing/updating website
- Downloading files, music, pictures
- Participating in a chat room
- Surfing the internet
- Surfing the web

2006+: The period also includes the category example: burning CDs.

2011+: This also includes time checking Facebook, Myspace, or other social networking Web sites, and using Twitter or tweeting.

1100 Travel

This category captures time the respondent spent in travel. This includes imputed travel (1190), personal or adult care travel (1191), travel as part of paid work (1192), travel to/from work and other work travel (1193), travel related to education (1194), travel related to consumption (1195), travel related to child care (1196), travel for volunteering or worship (1197), and other type of travel (1198).

1190 Imputed travel

Description: Imputed travel for both main and secondary activity is defined as time when the person changed location from their own home or another home to another specified location (not to an unknown location or to a general “other” location), or changed from one type of specified (not general “other”) location to another specified type of location but did not indicate an episode of travel. When the change of location was from an away from home location to a restaurant, bar or café, as a number of diaries use such a change of location to mark walking into the restaurant or food court next to shops in a shopping mall or the canteen at a workplace, this time is not defined as imputed travel. In the 2003+ period, this is time being searched at security checkpoint, opening bags for security search, and passing through metal detector for work related activities.
1191 Personal or adult care travel

Description: This comprises of time travelling related to personal and adult care.

1965-66: This includes travelling related to the following activities: Personal hygiene dressing (getting up, going to bed, etc.), personal medical care at home, care given to adults, meals and snacks at home, meals outside home or the canteen, night sleep (essential), daytime sleep (incidental), nap or rest, private activities, non-described, including waiting for means of transport.

1975-76: This includes time generally categorized under travel related to personal care.

1985: This is time spent on other personal travel; travel related to other personal care activities; waiting for related travel; travel for unknown purpose of trip - e.g., "went to Memphis" (no further explanation given).

1993-94, 1994-95, 1998-01: This is generally travel related to personal care.

2003+: This is travel related to personal care as well as eating and drinking.

2005+: This period further includes the following activities in addition to the 2003+ period: caring for and helping household children and caring for non-household children.

1192 Travel as part of paid work

Description: This comprises of time travelling related work.


1993-94, 1994-95, 1998-01: This is generally time spent in travel during work time.

2003+: This is generally time categorized under travel related to work related activities.

1193 Travel to/from work and other work travel

Description: This comprises of time travelling related to other types of work travel.

1965-66: This is time described as displacements during work if they can be specifically isolated from travel from job.

1975-76: This includes time generally categorized under travel related to job search, travel to/from work making other stops and travel directly to/from workplace.

1985: This is time spent on travel related to job search, unemployment benefits, welfare, food stamps, and waiting for related travel. This also includes time traveling to and from the workplace when respondent's trips to and from work were both
interrupted by stops, as well as waiting for related travel. Finally, this category also comprises of time spent traveling to and from the workplace, including time spent waiting for transportation.

1993-94, 1994-95, 1998-01: This is generally time spent travelling to/from work.

2003+: This is generally time categorized under travel related to working.

1194 Travel related to education

Description: This comprises of time travelling related to schooling and education.

1965-66: This is travel related to the following activities: full time attendance to classes (undergraduate or post-graduate student), studies being the principle activity, reduced programs of professional or special training courses (including after work classes organized by the plant or enterprise in question), attendance to lectures (occasionally), programs of political or union training course, homework prepared for different courses and lectures (including related research work and self-instruction), reading of scientific reviews of books for personal instruction, other study, as well as time waiting for means of transport.

1975-76: This includes time generally categorized under other school-related travel.

1985: The period comprises of travel time to/from library, travel directly from home to school, including waiting, travel directly from school to home, including waiting, other school-related travel, travel related to education; waiting for related travel; and travel to school not originating from home.

1993-94, 1994-95, 1998-01: This is generally time spent travelling for education.

2003+: This is generally time categorized under travel connected to taking a class, extracurricular activities (e.g., sports), and generally related to education.

1195 Travel related to consumption

Description: This comprises of time travelling related to purchases and consumption.

1965-66: This is travel related to the following activities: purchasing of everyday consumer goods and products, purchasing of durable consumer goods, and personal care outside home (e.g. hairdresser), medical care outside home, administrative services, offices, repair and other services (e.g. laundry, electricity, mechanics), waiting, queuing for the purchase of goods and services including time waiting for means of transport.

1975-76: This includes time generally categorized under travel related to goods or services.
1985: The period comprises of travel time related to obtaining goods and services and/or household activities.

1993-94, 1994-95, 1998-01: This is generally time spent travelling for obtaining goods and services.

2003+: This is time categorized under travel connected to household activities, grocery shopping, other type of shopping, consumer purchases, professional and personal care services, as well as activities related to using household services such as home maintenance or garden services. This also comprises of travel time related to government services and civic obligations.

1196 Travel related to child care

Description: This comprises of time travelling related to care for babies and children.

1965-66: This is travel related to the following activities: care to babies, care to older children, supervision of school work (exercises and lessons), reading of tales or other non-school books to children, conversations with children, indoor games and manual instruction, outdoor games and walks, medical care (visiting the children’s’ doctor or dentist, or other activities related to the health of children), including time waiting for means of transport.

1975-76: This includes time generally categorized under travel related to child care.

1985: The period comprises of travel time related to child's social and instructional non-school activities, as well as child care activities.

1993-94, 1994-95, 1998-01: This is generally time spent travelling for childcare.

2003+: This is time categorized under travel connected to caring for and helping household children. It also comprises of time travelling for activities associated with other type of care (besides education and health) and help for household members.

1197 Travel for volunteering or worship

Description: This comprises of time travelling related to participation in social, political or union activities.

1965-66: This is travel related to the following activities: Participation as member of a party, of a union, voluntary activity as an elected official of a social or political organization, other types of participation in meetings, non-paid collective civic activities (e.g. volunteers), participation in religious organizations, religious practice and attending religious ceremonies, participation in various factory councils (committees, commissions), participation in other associations (family, parent, military, etc.), including time waiting for means of transport.
1975-76: This includes time generally categorized under travel associated to membership activities, voluntary activities, and adult care.

1985: This is travel related to organizational activities as a member of a volunteer organization, travel associated to all other organizational activities, as well as travel related to help and care to others. This time also comprises of waiting for related travel.

1993-94, 1994-95, 1998-01: This is generally time spent travelling for organizational activities.

2003+: This is time categorized under travel connected to religious or spiritual activities, as well as volunteering.

1198 Other travel

Description: This comprises of time travelling related other types of travel.

1965-66: This is travel related to the following activities: spectacles, entertainment and social life, sports and active leisure, as well as passive leisure.

1975-76: This includes time generally categorized under travel related to public events, sports and leisure, as well as passive leisure.

1985: This is travel related to socializing, sports and active leisure, vacation travel, waiting in car for adult, travel of child with adult when not clear whether child participated in adult's purpose of trip - e.g. went to bank (with parent) and waited in car, as well as other waiting connected to this type of travel.

1993-94, 1994-95, 1998-01: This is generally time spent travelling for social activities, recreation, and passive leisure.

2003+: This is time under non categorized travel, travel related to socializing, relaxing and leisure, arts and entertainment, sports, exercise and recreation, phone calls, and security procedures. The non-categorized travel includes the following examples:

- Car accident
- Changing a flat tire
- Driving, no purpose (DP changed mind)
- Exchanging insurance info after accident
- Hailing help after accident/emergency
- Paying parking garage attendant (2003)
- Paying parking lot attendant (2003)
- Paying toll booth attendant (2003)
- Riding in a tow truck after accident
- Travel accident
- Travel emergency
- Walking to get help after travel accident
Description: This category captures missing activity time for the respondent. The sum of time in the main activity variables plus missing activity time equals 24 hours (or 1440 minutes).

1965-66, 1992-94, 1994-95, 1998-01: There is no missing main activity time for these years. To fill the missing gaps, codes have been imputed. Note that codes have not been imputed to replace activities in the diaries. The original missing times have been included under imputed personal care (0102), sleep and rest (0104), secondary imputed eating, imputed time away from home (0758), imputed social activity (0971), and imputed travel (1190).

1975-76, 1985: The original files include two main cases which have been coded as missing time: a time gap greater than 10 minutes and the end of diary marker. In addition, a code of 0 was created during data cleaning for episodes which had no reported activity. All these 3 cases are coded as missing activity time.

2003+: All variable codes that could not be constructed for missing time in the original data are coded as item missing. The remaining missing time has been coded under activities such as general personal care, imputed personal or household care, imputed sleep, and imputed time away from home, restaurant, walking, and imputed travel.